



This version has been updated
to correct Trust Fund amounts
in the Finance and Investment Section

BENEFITS MESSENGER

THE NMRHCA Newsletter

EXECUTIVE DIRECTOR'S MESSAGE

The basketball season has come to an end, and the familiar pastime of baseball has begun. For many, this time of year also brings the start of planting a garden, enjoying the extra daylight, or simply getting outdoors.

For me, it's an opportunity to work in the yard, take a walk along a nearby path, or spend time with family. Whether it's being outside or enjoying nature, I find this season refreshing and rejuvenating. I hope this time of year brings you a sense of peace, comfort, and enjoyment as well.

If you're looking for ways to support your health and well-being, I encourage you to join us at one of our upcoming Wise & Well Wellness Fairs—either in person or virtually.

At the New Mexico Retiree Health Care Authority (NMRHCA), we remain committed to supporting our members through meaningful programs, resources, and ongoing communication. We continue to monitor legislative and regulatory developments closely to ensure your benefits remain protected.

We are also encouraged by the continued progress in strengthening the long-term sustainability of the Retiree Health Care Trust Fund. Through disciplined financial management and strategic planning, we remain focused on protecting benefits for current and future retirees.

Thank you for allowing us to serve you and support your health care needs.

Neil Kueffer, Executive Director

FINANCE & INVESTMENT UPDATE

As of June 30, 2025, the New Mexico Retiree Health Care Authority (NMRHCA) continues to demonstrate measurable progress in strengthening the long-term sustainability of the Retiree Health Care Trust Fund.

The Trust Fund June of FY2025 is reported at **\$1.8 billion** compared to \$1.5 billion in 2024 and \$1.2 billion

in 2023. **Total OPED liability for FY2025 is \$3.42 billion.** While total liabilities can fluctuate year to year due to actuarial assumptions and market conditions, the more important measure of long-term stability is the net liability and funded ratio — both of which show meaningful improvement.

Most notably, the plan's **funded status increased to 54.52% in 2025**, up from 46.99% in 2024. This marks a dramatic improvement over recent years:

- 44.16% in 2023
- 33.33% in 2022
- 25.39% in 2021

In just four years, the funded ratio has more than doubled — a clear indicator that the long-term strategy to grow the Trust Fund and responsibly manage liabilities is producing tangible results.

While challenges remain, these trends demonstrate disciplined financial stewardship and continued forward momentum. NMRHCA remains committed to protecting retiree health benefits while strengthening the plan's long-term solvency for current and future retirees.

LEGISLATIVE UPDATE

The New Mexico Legislature concluded its 2026 regular session on February 19 after a busy 30-day short session. Constrained by its shorter timeline, legislative energy focused on key priorities including budget, education and a significant slate of health care legislation.

At this time, it does not appear that any of the legislation passed during the 2026 short session and currently awaiting the governor's signature will have a direct impact on the New Mexico Retiree Health Care Authority or its members. While several health care bills address broader systemic issues, such as provider shortages and Medicaid funding stability, none are expected to directly alter NMRHCA plans, benefits, or premiums. NMRHCA remains committed to closely monitoring legislative developments and will continue to keep retirees informed of any significant changes and the potential impact such legislation may have on their health care coverage.

Synapticure

Specialized Neurology Care From the Comfort of Home

Synapticure provides virtual, specialist-led care for individuals experiencing memory concerns, Parkinson's disease, and other neurological conditions.

Our team partners with both members and caregivers to provide ongoing guidance, coordination, and clarity every step of the way.

Members Receive:



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Ongoing support for patients and caregivers



Care coordinated alongside existing providers

Available to Presbyterian Health Plan (PHP) Medicare Advantage members.
Coverage and eligibility vary by plan.

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2026

THE ANNUAL NMRHCA WELLNESS FAIR



WALKING THE NEXT MILE

A Camino-Inspired Wellness Experience

PRESENTATIONS

-  **Why We Walk: Lessons from the Road to Santiago de Compostela, Spain**
Presenter: Sarita & Tom Loehr, Retirees, Adventurers
-  **Walking the Good Life: Why Our Brain Needs Friends**
Presenter: Ana Hernandez, MS RD LD
-  **Strong Enough for the Road: Movement, Resilience, & Joy of the Next Step**
Presenter: Jackie Pacheco, MPH
-  **Listening to the Quiet Voice: Finding Meaning in your Own Pilgrimage**
Presenter: Jess Biggs, MS



CLICK OR SCAN HERE
FOR DETAILED INFO &
REGISTRATION



www.nmrhca.org/2026wellnessfair/

Activities
Door Prizes
Give Aways
Lunch

IN PERSON

May 13th in Santa Fe

May 14th in Albuquerque

May 28th in Las Cruces

VIRTUAL

May 27th

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Carrier Contact Information

Blue Cross Blue Shield (BCBS) www.bcbsnm.com/nmrhca	800-788-1792	Presbyterian Health Plan www.phs.org	888-275-7737
BCBS Medicare Advantage www.bcbsnm.com/nmrhca	800-618-6156	Presbyterian Medicare Advantage www.phs.org	800-797-5343
Express Scripts Medicare www.express-scripts.com	800-551-1866	Humana Medicare Advantage https://ourhumana.com/nmrhca	866-396-8810
Express Scripts Non-Medicare www.express-scripts.com	800-501-0987	UnitedHealthcare Medicare Advantage www.uhcretiree.com/nmrhca	866-622-8014
Davis Vision www.davisvision.com	800-999-5431	Delta Dental www.deltadentalnm.com	877-395-9420
Blue Cross Blue Shield Dental www.bcbsnm.com/nmrhca	877-723-5697	Standard Insurance www.standard.com/mybenefits/newmexico_rhca	888-609-9763

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