

24/7 Provider Support

Your convenient resource for health care questions

Coping with health concerns can be time-consuming and complex. With so many choices, it can be hard to know where to look for information and support.

24/7 Provider Support can help you make health decisions by providing:

- Quick answers to your health questions any time, anywhere – 24 hours a day, 7 days a week
- Providers can diagnose, treat a wide range of conditions, and prescribe medication*
- Information to guide your health care decisions
- Results of the visit can be shared with your Primary Care Provider**

When you call, a provider can help you:

Learn about conditions and treatment options

- Understand a wide range of symptoms
- Learn more about a diagnosis
- Explore the risks, benefits and possible outcomes of your treatment options
- Determine what type of care may be right for your needs

Providers are available any time, day or night

Call any time for health information and support – all at no additional cost to you.



Call 24/7 Provider Support
1-800-835-2362

TTY callers, please call
711 and ask for the number above.

Online resources

As a member, you also have access to a wealth of information online. Visit today for health and well-being news, tools, resources and more.



[retiree.uhc.com/
NMRHCA](https://retiree.uhc.com/NMRHCA)

*When medically necessary

**With member consent

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

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