



# 2025



## THE ANNUAL NMRHCA WELLNESS FAIR

# WILD AND WELL

Connecting with the Outdoors  
for BETTER Metabolic Health

### IN PERSON

May 23rd in Las Cruces

May 29th in Santa Fe

June 6th in Albuquerque

### VIRTUAL

June 12th

Activities  
Door Prizes  
Give Aways  
Food



CLICK OR SCAN HERE FOR  
DETAILED INFO & REGISTRATION

[www.nmrhca.org/2025wellnessfair/](http://www.nmrhca.org/2025wellnessfair/)