

# Living Financially Well

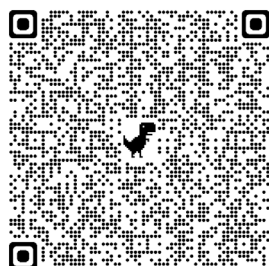


Join Kathryn Hull, BCBSNM Wellness Coordinator and Certified NWI Financial Wellness Facilitator, as she presents the Foundation for Financial Wellness'/National Wellness Institute's "Living Financially Well" webinar. Kathryn will discuss the thought barriers to financial wellness and the foundation's first essential step: deciding to take a step toward financial wellness by building a budget. You will be provided worksheets and information to further engage in free, no strings attached, 1:1 financial counseling with the Foundation for Financial Wellness.

Tuesday January 10<sup>th</sup> @ 12pm -12:45pm

[Link to Register](#)

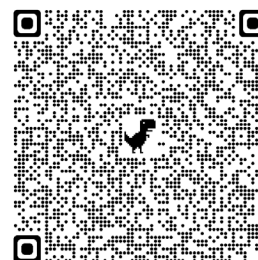
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Tuesday January 24<sup>th</sup> @ 3:30-4:15 pm

[Link to Register](#)

Or Scan QR Code



**2 options**