



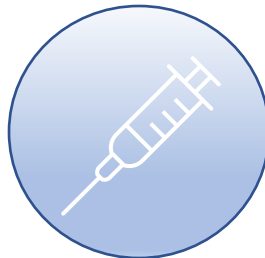
Wellness Wednesday



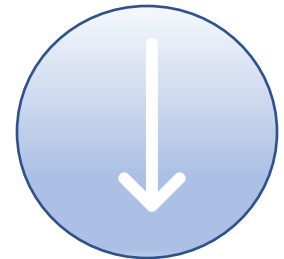
Prevention Principles



Health Screenings



Immunizations



Decrease Disease Risk

Wednesday, September 28

8:00am: link to register

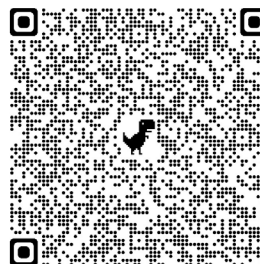
12:00pm: link to register

*15-25 minutes

*Recording will be available

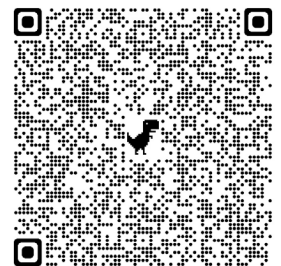
8:00 am

webinar code



12:00 pm

webinar code



Join BCBS Wellness Coordinator, Kathryn Hull

All State of New Mexico Retirees Welcome