NMRHCA Pre-55 Retirement Age Medical Plan Monthly Premium Contributions for January 1, 2022 – December 31, 2022 (applicable for members who retired before age 55 and retirement date is July 31, 2021 or after)

NON-MEDICARE PLANS	Retiree Rate	Spouse Rate	Child Rate	Rate Calculation Instructions		
Premier PPO (BCBS or Presbyterian)	\$862.62	\$920.96	\$301.43	Select a medical plan for the retiree; enter rate		
Value Plan (BCBS or Presbyterian)	\$673.83	\$719.36	\$235.06	from Retiree Rate column		
MEDICARE PLANS (Not Applicable)	Retiree Rate	Spouse Rate	Child Rate	1	+	
BCBS Medicare Supplemental Plan	N/A	N/A	N/A	2. If you are enrolling your spouse or domestic partner,		
BCBS Medicare Advantage I	N/A	N/A	N/A	select a medical plan for him/her; enter Spouse Rate		
BCBS Medicare Advantage II	N/A	N/A	N/A	1	+	
Humana Medicare Advantage I	N/A	N/A	N/A	3. If you are enrolling children, enter rate from Child Rate		
Humana Medicare Advantage II	N/A	N/A	N/A	column multiplied by number of children.		
Presbyterian Medicare Advantage II	N/A	N/A	N/A	1		
Presbyterian Medicare Advantage II	N/A	N/A	N/A	1	=	
UnitedHealthcare Medicare Advantage I	N/A	N/A	N/A	4. TOTAL #1, #2, and #3	\$	
UnitedHealthcare Medicare Advantage II	N/A	N/A	N/A		•	

If you do not enroll in a medical plan and enroll only in a dental, vision, and/or life insurance plan, please add \$5.00 to your total monthly premium.

DENTAL PLAN Monthly Premium*: July 1, 2020 - December 31, 2022

	SINGLE	TWO-PARTY	FAMILY
Delta Dental Basic	\$18.14	\$34.46 for both	\$ 51.69 for all
Delta Dental Comprehensive	\$37.01	\$70.32 for both	\$105.44 <i>for all</i>

VISION PLAN Monthly Premium*: Effective July 1, 2020 – June 30, 2024

 Davis Vision
 \$ 4.62
 \$ 8.71 for both
 \$12.83 for all

DEPENDENT CHILD LIFE Monthly Premium*: Effective July 1, 2019 - June 30, 2023

The Standard Insurance \$2,500 - \$4.13 for all \$5,000 - \$7.75 for all \$10,000 - \$15.00 for all

RETIREE/SPOUSE SUPPLEMENTAL LIFE Monthly Premium*: Effective July 1, 2019 – June 30, 2023

The Standard	\$2,000	\$4,000	\$6,000	\$8,000	\$10,000	\$15,000**	\$20,000**	\$40,000**	\$46,000**	\$60,000**
Age 35-39	\$ 0.69	\$ 0.88	\$ 1.06	\$ 1.25	\$ 1.44	\$ 1.91	\$ 2.38	\$ 4.26	\$ 4.82	\$ 6.14
Age 40-44	\$ 0.80	\$ 1.10	\$ 1.41	\$ 1.71	\$ 2.01	\$ 2.77	\$ 3.52	\$ 6.54	\$ 7.45	\$ 9.56
Age 45-49	\$ 1.01	\$ 1.52	\$ 2.02	\$ 2.53	\$ 3.04	\$ 4.31	\$ 5.58	\$ 10.66	\$ 12.18	\$ 15.74
Age 50-54	\$ 1.39	\$ 2.27	\$ 3.16	\$ 4.04	\$ 4.93	\$ 7.15	\$ 9.36	\$ 18.22	\$ 20.88	\$ 27.08
Age 55-59	\$ 1.97	\$ 3.44	\$ 4.90	\$ 6.37	\$ 7.84	\$11.51	\$15.18	\$ 29.86	\$ 34.26	\$ 44.54
Age 60-64	\$ 2.29	\$ 4.08	\$ 5.87	\$ 7.66	\$ 9.45	\$13.93	\$18.40	\$ 36.30	\$ 41.67	\$ 54.20
Age 65-69	\$ 4.17	\$ 7.84	\$11.52	\$15.19	\$18.86	\$28.04	\$37.22	\$ 73.94	\$ 84.96	\$110.66
Age 70 and over	\$ 6.13	\$11.76	\$17.39	\$23.02	\$28.65	\$42.73	\$56.80	\$113.10	\$129.99	\$169.40

^{*} NOTE: This is optional coverage, and the entire cost is paid by you. Cost of insurance for all coverage's paid by you may increase or decrease in the future based upon the claims experience of participants. All provisions that apply to this coverage are governed by the Certificate. The life plan rates include a \$.50 administration fee.

^{**}Evidence of Insurability Statement required to add or increase life insurance. The Change for Additional Life Insurance form can be found at http://www.nmrhca.org/forms.aspx/.