

Provider Contact List

New Mexico Retiree Health Care Authority Main Number 1-800-233-2576 or Santa Fe 505-476-7340 www.nmrhca.org

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Blue Cross Blue Shield of New Mexico (Non Medicare and Medicare Supplement)	1-800-788-1792	5701 Balloon Fiesta Parkway Albuquerque, NM 87113 or PO Box 27630 Albuquerque, NM 87125 www.bcbsnm.com
Presbyterian Health Plan (Non Medicare)	1-888-275-7737 ABQ: 505-923-6060 TTY: 1-888-625-8818	PO Box 27486 Albuquerque, NM 87125 www.phs.org
Presbyterian Medicare Advantage (Medicare)	1-800-797-5343 ABQ: 505-923-6060 TTY: 1-888-625-8818	7 days a week 8:00 am to 8:00 pm www.phs.org
BCBS Medicare Advantage (Medicare)	1-877-299-1008	5701 Balloon Fiesta Parkway Albuquerque, NM 87113 or PO Box 27630 Albuquerque, NM 87125 www.bcbsnm.com
UnitedHealthcare (Medicare) UHC Group Numbers: Plan I-13651; Plan II-13650	1-866-622-8014	www.uhcretiree.com
Humana Medicare Advantage (Medicare)	1-866-396-8810	Claims PO Box 14601 Lexington, KY 40512-4601

Prescription Drug (For all PPO Plans and BCBS Supplemental Medicare)

Express Scripts	Medicare:	www.express-scripts.com
	1-800-551-1866	
	Non-Medicare:	
	1-800-501-0987	
Dental		
Delta Dental	1-877-395-9420	2500 Louisiana Blvd. NE Ste 600
	ABQ: 505-855-7111	Albuquerque, NM 87110

www.deltadentalNM.com
Monday—Friday 8:00am to 4:30pm

https://our.humana.com/nmrhca/

Vision		
Davis Vision	1-800-999-5431	6301 Indian School Rd NE, Ste 200
All prospective clients can use code 7587 when requesting a provider list or previewing plans.		Albuquerque, NM 87110 www.davisvision.com
Life Insurance		
Standard Life Insurance	1-888-609-9763 opt 4	PO Box 225
	or: 971-321-0957	Santa Cruz, NM 87567
		www.standard.com/mybenefits/ newmexico rhca/



IMPORTANT INFORMATION YOU NEED TO KNOW

Note: This informational sheet is intended as a summary to, and not a replacement of, provisions of the Retiree Health Care Act (Act) or NMRHCA Rules and Regulations (which can be found on the NMRHCA website: www.nmrhca.org)

ELIGIBILITY

Eligible Retiree: You are eligible to participate in the NMRHCA if:

- You receive a disability or normal retirement benefit from public service in New Mexico with an NMRHCA-participating employer, and
- You did one of the following:
 - you retired with a pension before your employer's effective date with the NMRHCA program, or
 - you and/or your employer (on your behalf) made contributions to the NMRHCA fund from your employer's NMRHCA effective date until your date of retirement, or
 - > you and/or your employer (on your behalf) made contributions to the NMRHCA fund for at least five years before your date of retirement.

 (If you are awarded a duty-related disability retirement, you are not required to meet the NMRHCA's five-year contribution rule.)

Eligible Dependent: Eligible dependents include the following:

- a spouse. You must provide a copy of the marriage certificate.
- a domestic partner. You must provide a signed and notarized affidavit (available at the NMRHCA office).
 - domestic partners are enrolled similarly to spouses
 - dependents of domestic partnerships are eligible for benefits
 - > we may ask for other written proof of the domestic partnership and/or dependents
 - ➤ if there is a termination of a domestic partnership, the retiree must notify NMRHCA in writing within 31 days of the termination
- a dependent child under the age of 26 including:
 - > a natural child
 - a legally adopted child
 - ➤ a stepchild living in the same household who is primarily dependent on the eligible retiree for maintenance and support
 - ➤ a child for whom the eligible retiree is the legal guardian and who is primarily dependent on the eligible retiree for maintenance and support, as long as evidence of the guardianship is provided in a court order or decree
 - ➤ a foster child living in the same household as the eligible retiree

You must provide a copy of birth certificate(s) and court documents (if applicable) to the NMRHCA.

• a dependent child over age 26 who is wholly dependent on the eligible retiree for maintenance and support and is incapable of self-sustaining employment by reason of mental or physical handicap. The disability must have occurred before the limiting age.

- Proof of incapacity and dependency must be provided *within 31 days* after the child reaches the limiting age.
- a surviving spouse (the spouse to whom a deceased eligible retiree/vested-active employee was married at the time of death) *or* a surviving dependent child of a deceased eligible retiree/vested-active employee.

ENROLLMENT

- It is best to submit your application at least one month but not to exceed 60 days from your retirement date to allow adequate time for the agency to process your application.
- If you are enrolling more than 31 days after retirement underwriting approval for Life Insurance is required.
- Please be advised it takes a minimum of 3 business weeks for an application to process.
- You must enroll within 31 days following either your last day of current medical insurance coverage or your retirement date that is on record with your retirement board; whichever is later. Your effective date of coverage will take effect on the first day of your official retirement or the first day of the month following the termination date of your current medical insurance plan, again, whichever is later.
- If you do not apply within this time frame, you will be required to wait until the next Open Enrollment period.
- You may enroll a dependent only under one of the following circumstances: (1) there is a change in status which makes someone newly eligible as your dependent (e.g., marriage, birth); (2) an unenrolled eligible dependent *involuntarily* loses his or her medical coverage; or (3) during an Open Enrollment Period. For newly eligible dependents, you must apply for dependent coverage within 31 days of the event that caused the new eligibility (*copies of marriage, birth, or court documents required*).

PURCHASING SERVICE CREDIT

- In the 2009 legislative session, a bill was passed that requires payment of Retiree Health Care Authority (RHCA) contributions for service credit purchased from PERA and ERB toward retirement. Effective July 1, 2009, members who enroll in RHCA at the time of retirement must pay contributions on the PERA and ERB service credit before being eligible for insurance coverage.
- This contribution provision only affects members who are applying for insurance at the time of retirement. PERA and ERB will be providing RHCA with verification of a member's earned service credit and any purchased credit. RHCA will then calculate the cost of the RHCA contributions owed on the purchased service credit. Payment will be required for those retirees with less than 20 years of actual time worked and are purchasing time toward their retirement after July 1, 2009.
 - For further information, please contact the NMRHCA office for complete details of purchasing service credit.

SPLIT COVERAGE

• If the retiree is covering a spouse or dependent(s) under their plan, they must have the same level of benefits as the retiree (with the exception if one of the members in the household is Medicare eligible and the other member in not Medicare eligible). For example, if the retiree selects the Premier plan, the spouse or any dependents covered by the retiree must also be on the Premier plan.

CANCELLATION OF COVERAGE

- Subscribers may cancel coverage by submitting written notification to the New Mexico
 Retiree Health Care Authority (NMRHCA). Cancellation will take effect beginning with the
 first day of the month following receipt of notification by the NMRHCA. Effective date of
 cancellation is not retroactive.
- If a dependent becomes ineligible through joining the military, death, divorce, annulment, or legal separation, coverage ceases at the end of the month in which the event occurred. Again, it is your responsibility to notify us in writing and supporting documentation may be requested.

RETURN TO WORK

- If you take new employment after your retirement or choose to be covered under your spouse's coverage, you may choose one of two NMRHCA options:
 - ➤ Delay or terminate your enrollment in the NMRHCA and take your new employer's plan or spouse's plan. Under this option, you will be allowed to enroll into the NMRHCA at a later date, if you apply within 31 days of your *involuntary* loss of coverage (see below for examples) *and* there has been no lapse in your comprehensive medical coverage since your retirement. You will be required to submit evidence of continuous coverage and involuntary loss when you apply for NMRHCA enrollment. Examples of involuntary loss of coverage are (1) termination of your employment; (2) retirement from your new employer, causing your employer to cancel your health care benefits; (3) cancellation of your health care benefit program by the employee; and (4) dissolution of the company.
 - ➤ Take the new employer's plan of benefits and enroll yourself and your eligible dependents into the NMRHCA, thus receiving health care benefits from both plans through the NMRHCA's and your new employer's insurance carrier's Coordination of Benefits Provision. Please note that the Retiree Health Care Act requires that the NMRHCA program of health care benefits be secondary to your employer's benefit plans. This means your claims will be paid primarily by your employer's insurance plan, and then the balance will be considered by your NMRHCA insurance plan.
- If your employer does not offer medical coverage, you will need to submit a letter from your employer verifying that no insurance is offered or available in order for NMRHCA benefits to remain as primary.

CHANGE IN STATUS

If there is a change in your name, address, phone number, marital status, or dependent status, or if you wish to request a change in your benefit plans, life insurance beneficiary, or method of premium contribution payment, please call us immediately or visit our website to obtain a Change Request Form or submit a letter of request in writing.

Plan Terms and Definitions

- 1. **Annual Deductible** means the amount that must be paid (by you) each calendar year, toward covered services before health benefits for that member will be paid by the plan (except for certain services requiring only a copayment with deductible waived or preventive services).
- 2. **Annual Out-of-Pocket Limit** means a specified dollar amount of covered services received during a benefit period that is the member's responsibility; after which the out-of-pocket limit is reached the plan pays 100 percent of benefits for the rest of the calendar year for covered charges.
- 3. **Calendar Year** (also referred to as benefit period) means the period beginning January 1 and ending December 31 of the same year.
- 4. **Coinsurance** means the amount, expressed as a percentage, of a covered health care expense that is partially paid by the plan and partially the member's responsibility to pay. The cost-sharing responsibility ends for most covered services in a particular calendar year when the out-of-pocket maximum has been reached.
- 5. **Copayment or Copay** means the amount, expressed as a fixed-dollar figure required to be paid by a member in connection with health care services. Benefits payable by the plan are reduced by the amount of the required copayment for the covered service.
- 6. **Coverage GAP** (also referred to as donut hole) is a period of consumer payment for prescription medication costs, which lies between the initial coverage limit and the catastrophic-coverage threshold. The Coverage GAP only applies to Medicare Part D prescription drug coverage.
- 7. **HMO** (Health Maintenance Organization) you can only go to doctors, other health care providers, or hospitals on the plan's list except in an emergency or when treatment is not available through an in-network provider.
- 8. **In-Network Provider** means physicians, hospitals, and other health care professionals, facilities, and suppliers that have contracted with the health plan as in-network providers.
- 9. **Medicare** means the program of health care for the aged, end-stage renal disease (ESRD) patients and disabled persons established by Title XVIII of the Social Security Act of 1965, as amended.
- 10. **Medicare Advantage Plan** Sometimes called Medicare Part C. A plan offered by a private company that contract with Medicare to provide you with all your Medicare Part A and Part B benefits.
- 11. **Medicare Supplemental Plan** means health care coverage that provides supplemental benefits to Medicare coverage.
- 12. **Out-of-Network Provider** means a duly licensed health care provider, including medical facilities, which has no agreement with the health plan for reimbursement of services to members.
- 13. **PPO** (Preferred Provider Organization) a type of health plan that lets you choose where you go for care, without a referral from a primary care physician or having to only use providers in your plan's provider network.

NMRHCA 6300 Jefferson St NE, Suite 150 Albuquerque, NM 87109 1-800-233-2576 NMRHCA 33 Plaza La Prensa, Suite 101 Santa Fe, NM 87507 505-476-7340

Website: www.nmrhca.org

Hours of operation at both locations are 8 a.m. - 5 p.m., Monday through Friday.

NMRHCA BLUE CROSS BLUE SHIELD(BCBS) NON-MEDICARE PLAN COMPARISON

EFFECTIVE: JANUARY 1, 2021

	EFFECTIVE: JA						
	BC	BCBS Premier 3 Tier PPO					
	Tier 1 - Blue Preferred	Tier 2 - Preferred	Tier 3 - Out of Network	HMO			
Annual Deductible	\$500/Individual	\$800/Individual	\$1,500/Individual	\$1,500/Individual			
Annual Out-of-Pocket Limit	\$3,000/Individual	\$4,500/Individual	\$6,000/Individual	\$5,500/Individual			
Office Services	Primary - \$20	Primary - \$30	Primary - 50%	Primary - \$35			
Office visit not subject to deductible	Specialist - \$35	Specialist - \$45	Specialist - 50%	Specialist - \$55			
Preventive Services	Plan pays 100%	Plan pays 100%	50%	Plan pays 100%			
Related testing (includes routine Pap test, mammograms, colonoscopy, physicals, etc.) & immunization (deductible waived)	Plan pays 100%	Plan pays 100%	50%	Plan pays 100%			
Lab, X-Ray, and Pathology	Plan pays 100%	Plan pays 100%	50%	Plan pays 100%			
Emergency Room	\$125	\$125	\$125	\$175			
Emergency Physician and other Professional Provider Charges	10%	25%	25%	30%			
Urgent Care Facility	\$35	\$35	50%	\$40			
Ambulance Services (Emergency)	25%	25%	25%	30%			
EKG	10%	25%	50%	30%			
High-Tech Radiology (MRI, PET & CT) Office/Freestanding Radiology	\$100	\$100	50%	\$125			
High-Tech Radiology (MRI, PET & CT) Outpatient Department of Hospital	10%	25%	50%	30%			
Rehabilitation Outpatient Physical Therapy Services when used as alternative to surgery (Max of 4 copays per course of treatment)	\$20	\$30	50%	\$35			
Rehabilitation Outpatient	\$20	\$30	50%	\$35			
Rehabilitation Inpatient	10%	25%	50%	30%			
Alternative (chiropractic, acupuncture, etc.; \$1500 benefit limit)	10%	25%	50%	30%			
Hospitalization - Inpatient	10%	25%	50%	30%			
Surgery - Outpatient	10%	25%	50%	30%			
All Other Covered Services (visit bcbsnm.com for full list)	10%	25%	50%	30%			

NON-MEDICARE PRESCRIPTION DRUG PLAN ADMINISTERED BY EXPRESS SCRIPTS

Copay (Retail)	Minimum	Maximum
Generic	\$5	\$15
Preferred Brand	\$30	\$60
Non-Preferred Brand	\$50	\$125

Maximum of 34-day supply or 100 unit or as prescribed by your physician or an approved exception.

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Copay **(Mail Order or Smart 90)	Minimum	Maximum	** Long-term medications can be filled for a 90-day					
Generic	\$12	\$35	supply at your local Walgreens pharmacy or through home delivery from Express Scripts					
Preferred Brand	\$60	\$120	Pharmacy. Visit www.express-scripts.com or call					
Non-Preferred Brand	\$100	\$250	Express Scripts at 1-800-501-0987 for more information.					

Maximum of 90-day supply or 300 units or as prescribed by your physician or an approved exception.

Accredo (Special Pharmaceuticals)	Closed Network
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Pre-Medicare plan members on specialty medications through Express Scripts' Accredo specialty pharmacy may receive copay assistance through the Save On SP program. Members identified as taking specific medications that qualify for the Save On SP program will be contacted directly by Save On SP to see if they would like to participate. By participating in the program, members will save money on their specialty prescriptions with this copay assistance program. To find out more about this specialty prescription drug benefit, please call Save On SP at 1-800-683-1074.

For more information visit our website at www.nmrhca.org or call us at 1-800-233-2576.

NMRHCA PRESBYTERIAN HEALTH PLAN (PHP) NON-MEDICARE PLAN COMPARISON

EFFECTIVE: JANUARY 1, 2021

2	Member Responsibility				
	PHP Pren				
	In Network	Out of Network	PHP Value HMO		
Annual Deductible	\$800/Inc	dividual	\$1,500/Individual		
Annual Out-of-Pocket Limit	\$4,500/In	ndividual	\$5,500/Individual		
Office Services	Primary - \$30	50%	Primary - \$35		
Office visit not subject to deductible	Specialist - \$45	50%	Specialist - \$55		
Preventive Services	Plan pays 100%	50%	Plan pays 100%		
Related testing (includes routine Pap test, mammograms, colonoscopy, physicals, etc.) & immunization (deductible waived)	Plan pays 100%	50%	Plan pays 100%		
Lab, X-Ray, and Pathology	Plan pays 100%	50%	Plan pays 100%		
Emergency Room	\$125	\$125	\$175		
Emergency Physician and other Professional Provider Charges	25%	25%	30%		
Urgent Care Facility	\$35	50%	\$40		
Ambulance Services (Emergency)	25%	25%	30%		
EKG	25%	50%	30%		
High-Tech Radiology (MRI, PET & CT) Office/Freestanding Radiology	\$100	50%	\$125		
High-Tech Radiology (MRI, PET & CT) Outpatient Department of Hospital	25%	50%	30%		
Rehabilitation Outpatient Physical Therapy Services when used as alternative to surgery (Max of 4 copays per course of treatment)	\$30	50%	\$35		
Rehabilitation Outpatient	\$30	50%	\$35		
Rehabilitation Inpatient	25%	50%	30%		
Alternative (chiropractic, acupuncture, etc.; \$1500 benefit limit)	25%	50%	30%		
Hospitalization - Inpatient	25%	50%	30%		
Surgery - Outpatient	25%	50%	30%		
*Outpatient Bundled Procedures (Bundled services: shoulder arthroscopy, knee arthroscopy, laparoscopic cholecystectomy, hernia)	\$500	N/A	\$650		
All Other Covered Services (visit phs.org full list)	25%	50%	30%		

^{*} Please contact Presbyterian Health Plan at 1-888-275-7737 for participating facilities.

NON-MEDICARE PRESCRIPTION DRUG PLAN ADMINISTERED BY EXPRESS SCRIPTS

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Copay (Retail)	Minimum	Maximum			
Generic	\$5	\$15			
Preferred Brand	\$30	\$60			
Non-Preferred Brand	\$50	\$125			

Maximum of 34-day supply or 100 unit or as prescribed by your physician or an approved exception.

Maximum of 34-day supply or 100 unit or as prescribed by your physician or an approved exception.							
Copay **(Mail Order or Smart 90)	Minimum	Maximum	** Long-term medications can be filled for a				
			90-day supply at your local Walgreens				
Generic	\$12	\$35	pharmacy or through home delivery from				
			Express Scripts Pharmacy. Visit				
Preferred Brand	\$60	\$120	www.express-scripts.com or call Express				
			Scripts at 1-800-501-0987 for more				
Non-Preferred Brand	\$100	\$250	information.				

Maximum of 90-day supply or 300 units or as prescribed by your physician or an approved exception.

**Accredo (Special Pharmaceuticals)*

**Closed Network*

**Closed Network*

Pre-Medicare plan members on specialty medications through Express Scripts' Accredo specialty pharmacy may receive copay assistance through the Save On SP program. Members identified as taking specific medications that qualify for the Save On SP program will be contacted directly by Save On SP to see if they would like to participate. By participating in the program, members will save money on their specialty prescriptions with this copay assistance program. To find out more about this specialty prescription drug benefit, please call Save On SP at 1-800-683-1074.

For more information visit our website at www.nmrhca.org or call us at 1-800-233-2576.

NMRHCA MEDICARE PLAN COMPARISON

Effective: January 1, 2021

	BCBSNM MEDICARE SUPPLEMENT	BCBS Medicare Advantage Plan I	Presbyterian Medicare Advantage Plan I	UnitedHealthcare Medicare Advantage Plan I	Humana Medicare Advantage Plan I	BCBS Medicare Advantage Plan II	Presbyterian Medicare Advantage Plan II	UnitedHealthcare Medicare Advantage Plan II	Humana Medicare Advantage Plan II
BENEFIT Highlights	Part B Annual Deductible: \$203.00	Annual Out of Pocket Limit: \$3000	Annual Out of Pocket Limit: \$2500	Annual Out of Pocket Limit: \$2500	Annual Out of Pocket Limit: \$3500	Annual Out of Pocket Limit: \$6700	Annual Out of Pocket Limit: \$3000	Annual Out of Pocket Limit: \$2800	Annual Out of Pocket Limit: \$1500
Office Visit									
Primary Care	\$0	\$10	\$10	\$5	\$5	\$10	\$10	\$5	\$2
Specialty care	\$0	\$30	\$30	\$25	\$30	\$40	\$40	\$25	\$25
Preventive services	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
Hospital Services	\$0	\$125 per day Days 1-5	\$125 per day Days 1-3	\$250 per admission	\$150 per day Days 1-5	\$500 per admission	\$225 per day Days 1-5	\$250 per admission	\$200 per admission
Surgery - hospital outpatient	\$0	\$175	\$125	\$100	\$150	\$300	\$275	\$100	\$125
Emergency Services									
Emergency room visit	\$0	\$65	\$65	\$50	\$50	\$90	\$75	\$50	\$65
Urgent care center	\$0	\$25	\$10	\$20	\$20	\$50	\$10	\$20	\$10
Diabetic Supplies	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0

All Other Covered Services (visit phs.org, bcbsnm.com, uhcretiree.com, our.humana.com/nmrhca/ for full list)

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Coverage Gap

No

No

No

Preferred Generic	\$5 - \$15	\$0 - \$5	\$0	\$15	\$4	\$0 - \$5	\$0	\$10	\$4
Non-Preferred Generic		\$5 - \$10	\$10	\$70	\$4	\$7 - \$12	\$10	\$35	\$4
referred Brand \$30 - \$60		\$40 - \$45	\$45	\$35	\$40	\$40 - \$45	\$45	\$20	\$20
Non-Preferred Brand		\$90 - \$95	5 \$95 \$		\$90	\$90 - \$95	\$95	\$35	\$90
Specialty Drug		33%	33% up to \$100	\$70	25%	25%	27%	\$35	\$125
Non-Formulary	\$50 - \$125		_						
Mail Order - 90 day									
Preferred Generic	\$12 - \$35	\$0 - \$15	\$0	\$30	\$0	\$0 - \$15	\$0	\$20	\$0
Non-Preferred Generic		\$15 - \$30	\$20	\$140	\$0	\$21 - \$36	\$20	\$70	\$0
Preferred Brand	\$60 - \$120	\$120 - \$135	\$112.50	\$70	\$80	\$120 - \$135	\$112.50	\$40	\$40
Non-Preferred Brand		\$270 - \$285	\$285	\$140	\$180	\$270 - \$285	\$285	\$70	\$180
Non - Formulary	\$100 - \$250								
Prescription Coverage		•	•			•			

Catastrophic Level Coverage Changes: After your out-of-pocket drug costs reach \$6,550 for the year, then you pay the greater of: \$3.70 for formulary generic or a formulary brand drug and \$9.20 for all other drugs, or 5% coinsurance.

No

No

Yes**

Yes**

No

^{**}Plans with Coverage Gap (a.k.a. Donut Hole). Please ensure you have reviewed & understand how plans work. Plan changes are limited to IRS approved qualifying events (i.e., marriage, divorce, etc.).

^{***} Long-term medications can be filled for a 90-day supply at your local Walgreens pharmacy or through home delivery from Express Scripts Pharmacy. Visit www.express-scripts.com or call Express Scripts at 1-800-551-1866 for more information.

NMRHCA 2021 Dental and Vision

DELTA DENTAL - PPO NEW MEXICO NETWORK										
BENEFIT CATEGORY	BASIC	PLAN	COMPREHENSIVE PLAN							
Diagnostic and Preventive Services	In-Network Plan Pays	Out-of- Network Plan Pays	In-Network Plan Pays	Out-of-Network Plan Pays						
Oral Exams (two routine per calendar year plus one problem- focused/emergency, if needed.)				75% of Allowed Amount No Deductible						
Routine Cleanings (three per calendar year and one additional for specified at-risk medical conditions)	100%	25% of Allowed	100%							
Radiographic images (full mouth-once every 5 years; bitewings twice in a calendar year)	No Deductible	Amount No Deductible	No Deductible							
Emergency Treatment for Relief of Pain										
Basic Services										
Basic Restorative (amalgam or composite fillings)										
Simple Extractions (non-surgical)	80%	25% of Allowed		55% of Allowed Amount						
Endodontics	0070	Amount								
Nonsurgical Periodontics										
Oral Surgery (including surgical extractions)		-	80%							
Surgical Periodontics	Not C	overed								
Repairs to Crowns, Onlays, Dentures and Bridgework	80%	25% of Allowed Amount								
Major Services										
Prosthodontic procedures for construction of fixed bridges, partials or complete dentures										
Implants - specified services, including repairs, and related prosthodontics, subject to clinical review/approval	Not Co	overed	50%	35% of Allowed Amount						
Onlays, Crowns and Cast Restorations - when teeth cannot be restored with amalgam or composite resin restorations										
Orthodontics										
Diagnostic, Active, Retention Treatment In and out-of-network lifetime maximums cannot be combined.	Not Co	overed	50% No Deductible \$1000 Lifetime Max	50% of Allowed Amount No Deductible \$500 Lifetime Max						
Deductibles and Maximums										
Calendar Year Deductible - Jan 1 thru Dec 31. Applies to all services except where noted above.	\$50 (\$150 I	Per Family)	\$50 (\$150 per family)							
Calendar Year Maximum - Jan 1 thru Dec 31 (per person). In and out-of-network annual maximums cannot be combined.	\$1,500.00 \$1,500.00		\$1,500.00	\$1,000.00						

Important Note: Lowest out-of-pocket costs apply In-Network. Non-Participating Providers may balance bill patients for charges over the allowed amount (up to the full amount of submitted charges).

This Benefit Comparison has been prepared as a general description to highlight some of the benefits available under your dental plan options.

It does not reflect all benefits, limitations, exclusions, or provide complete coverage information. Complete coverage descriptions are provided by the dental plan carrier when you enroll.

DAVIS VISION										
BENEFIT CATEGORY		In-Network Coverage	Out-of-Network Coverage							
Routine Eye Examinations	Every 12 months	Copay	Reimbursed up to \$35							
		\$10								
Eye Glasses										
Spectacle Lenses	Every 12 months	Copay \$15	Depending on Lens RX \$25 to \$80							
Frames	Every 24 months	Davis Frame Collection	Reimbursed up to							
		covered in Full	\$35							
		or								
		\$100 Retail Frame Allowance or								
		\$150 Retail Frame Allowance at								
		Visionworks								
Contact Lenses Every 12 months		Allowance	Allowance							
		Up to \$110 Non-Formulary	Up to \$110 (elective)							
	Plus 15% discount on overage									
		Medically necessary paid in full	Up to \$210 (medically necessary)							
		Prior approval required								

This is a summary for your convenience. For more information visit our website at www.nmrhca.org or call us at 1-800-233-2576

NMRHCA Medical Plan N	onthly P	remium (Contribut	ions for J	anuary 1	, 2021 - D	ecembei	31, 2021	L (applica	ıble if ret	irement a	late is aft	ter June 3	30, 2001)		
Years of Service	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20+
NON-MEDICARE MEDICAL																
Premier PPO (BCBS or Presbyterian)																
Retiree Rate	\$781.24	\$748.69	\$716.13	\$683.58	\$651.03	\$618.48	\$585.93	\$553.38	\$520.82	\$488.27	\$455.72	\$423.17	\$390.62	\$358.06	\$325.51	\$292.96
Spouse Rate	\$849.28	\$829.73	\$810.18	\$790.64	\$771.09	\$751.54	\$731.99	\$712.44	\$692.89	\$673.34	\$653.79	\$634.25	\$614.70	\$595.15	\$575.60	\$556.05
Child Rate	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37	\$284.37
Value HMO (BCBS or Presbyterian)																
Retiree Rate	\$610.26	\$584.84	\$559.41	\$533.98	\$508.55	\$483.13	\$457.70	\$432.27	\$406.84	\$381.42	\$355.99	\$330.56	\$305.13	\$279.71	\$254.28	\$228.85
Spouse Rate		\$648.10	\$632.83	\$617.56	\$602.29	\$587.02	\$571.75	\$556.49	\$541.22	\$525.95	\$510.68	\$495.41	\$480.14	\$464.87	\$449.60	\$434.33
Child Rate	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75	\$221.75
MEDICARE MEDICAL																
BCBS Medicare Supplemental Plan																
Retiree Rate		\$425.63	\$411.44	\$397.25	\$383.06	\$368.88	\$354.69	\$340.50	\$326.31	\$312.13	\$297.94	\$283.75	\$269.56	\$255.38	\$241.19	\$227.00
Spouse Rate		\$439.81	\$432.72	\$425.63	\$418.53	\$411.44	\$404.34	\$397.25	\$390.16	\$383.06	\$375.97	\$368.88	\$361.78	\$354.69	\$347.59	\$340.50
Child Rate	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00	\$454.00
BCBS Medicare Advantage I																
Retiree Rate	\$58.13	\$56.25	\$54.38	\$52.50	\$50.63	\$48.75	\$46.88	\$45.00	\$43.13	\$41.25	\$39.38	\$37.50	\$35.63	\$33.75	\$31.88	\$30.00
Spouse Rate	\$59.06	\$58.13	\$57.19	\$56.25	\$55.31	\$54.38	\$53.44	\$52.50	\$51.56	\$50.63	\$49.69	\$48.75	\$47.81	\$46.88	\$45.94	\$45.00
Child Rate	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00	\$60.00
BCBS Medicare Advantage II					4								4			
Retiree Rate	\$4.84	\$4.69	\$4.53	\$4.38	\$4.22	\$4.06	\$3.91	\$3.75	\$3.59	\$3.44	\$3.28	\$3.13	\$2.97	\$2.81	\$2.66	\$2.50
Spouse Rate	\$4.92	\$4.84	\$4.77	\$4.69	\$4.61	\$4.53	\$4.45	\$4.38	\$4.30	\$4.22	\$4.14	\$4.06	\$3.98	\$3.91	\$3.83	\$3.75
Child Rate	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00	\$5.00
Humana Medicare Advantage I	***	470.00	470.00		074.07	***	***	000 74	004.05	AFO 40	055.74	050.00	# 50.40	0.17.70	0.15.10	240.47
Retiree Rate	\$82.29	\$79.63	\$76.98	\$74.32	\$71.67	\$69.01	\$66.36	\$63.71	\$61.05	\$58.40	\$55.74	\$53.09	\$50.43	\$47.78	\$45.12	\$42.47
Spouse Rate	\$83.61	\$82.29	\$80.96	\$79.63	\$78.30	\$76.98	\$75.65	\$74.32	\$72.99	\$71.67	\$70.34	\$69.01	\$67.68	\$66.36	\$65.03	\$63.70
Child Rate Humana Medicare Advantage II	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94	\$84.94
Retiree Rate	\$10.42	\$10.09	\$9.75	\$9.42	\$9.08	\$8.74	\$8.41	\$8.07	\$7.73	\$7.40	\$7.06	\$6.73	\$6.39	\$6.05	\$5.72	¢E 20
Spouse Rate		\$10.09	\$9.75 \$10.26	\$10.09	\$9.06	\$9.75	\$9.58	\$9.42	\$9.25	\$9.08	\$8.91	\$8.74	\$8.57	\$8.41	\$8.24	\$5.38 \$8.07
Child Rate	\$10.39	\$10.42	\$10.26	\$10.09	\$10.76	\$10.76	\$10.76	\$10.76	\$10.76	\$10.76	\$10.76	\$10.76	\$10.76	\$10.76	\$10.76	\$10.76
Presbyterian Medicare Advantage I	φ10./6	φ10.76	φ10.76	φ10.76	φ10.76	φ10.76	φ10.76	φ10./6	φ10./6	φ10.76	φ10.76	φ10.76	φ10.76	φ10./0	φ10.76	φ10.70
Retiree Rate	\$109.47	\$105.94	\$102.41	\$98.88	\$95.34	\$91.81	\$88.28	\$84.75	\$81.22	\$77.69	\$74.16	\$70.63	\$67.09	\$63.56	\$60.03	\$56.50
Spouse Rate		\$105.94	\$102.41	\$105.94	\$104.17	\$102.41	\$100.64	\$98.88	\$97.11	\$95.34	\$93.58	\$91.81	\$90.05	\$88.28	\$86.52	\$84.75
Child Rate	•	\$109.47	\$107.70	\$103.94	\$104.17	\$102.41	\$100.04	\$113.00	\$113.00	\$113.00	\$113.00	\$113.00	\$113.00	\$113.00	\$113.00	\$113.00
Presbyterian Medicare Advantage II	ψ	ψ	Ţ	ψ	ψ	ψ	ψo.oo	ψ	ψ	Ţ	ψ	ψ	ŢO.OO	Ţ	ψ	ψo.oo
Retiree Rate	\$85.25	\$82.50	\$79.75	\$77.00	\$74.25	\$71.50	\$68.75	\$66.00	\$63.25	\$60.50	\$57.75	\$55.00	\$52.25	\$49.50	\$46.75	\$44.00
Spouse Rate	\$86.63	\$85.25	\$83.88	\$82.50	\$81.13	\$79.75	\$78.38	\$77.00	\$75.63	\$74.25	\$72.88	\$71.50	\$70.13	\$68.75	\$67.38	\$66.00
Child Rate		\$88.00	\$88.00	\$88.00	\$88.00	\$88.00	\$88.00	\$88.00	\$88.00	\$88.00	\$88.00	\$88.00	\$88.00	\$88.00	\$88.00	\$88.00
UnitedHealthcare Medicare Advantage I		,		,	,	,	,				,	,	,	,	,	,
Retiree Rate	\$72.66	\$70.31	\$67.97	\$65.63	\$63.28	\$60.94	\$58.59	\$56.25	\$53.91	\$51.56	\$49.22	\$46.88	\$44.53	\$42.19	\$39.84	\$37.50
Spouse Rate		\$72.66	\$71.48	\$70.31	\$69.14	\$67.97	\$66.80	\$65.63	\$64.45	\$63.28	\$62.11	\$60.94	\$59.77	\$58.59	\$57.42	\$56.25
Child Rate		\$75.00	\$75.00	\$75.00	\$75.00	\$75.00	\$75.00	\$75.00	\$75.00	\$75.00	\$75.00	\$75.00	\$75.00	\$75.00	\$75.00	\$75.00
UnitedHealthcare Medicare Advantage II																
Retiree Rate	\$24.22	\$23.44	\$22.66	\$21.88	\$21.09	\$20.31	\$19.53	\$18.75	\$17.97	\$17.19	\$16.41	\$15.63	\$14.84	\$14.06	\$13.28	\$12.50
Spouse Rate	\$24.61	\$24.22	\$23.83	\$23.44	\$23.05	\$22.66	\$22.27	\$21.88	\$21.48	\$21.09	\$20.70	\$20.31	\$19.92	\$19.53	\$19.14	\$18.75
Child Rate	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00	\$25.00
		-														ember 2020

Revised: September 2020

			Me	edical Plan	Rate Calcu	lation Instruc	ctions					
1. Select a medical		\$ Retiree										
2. If you are enrolling your spouse or domestic partner, select a medical plan for him/her; enter the rate from the Spouse Rate row that corresponds with your years of service (or, if your spouse/domestic partner is also an NMRHCA-eligible retiree, use the Retiree Rate that corresponds with your spouse's/domestic partner's years of service).									\$ Sp	ouse/ Domestic Partner		
3. If you are also enrolling children, enter rate from Child Rate row multiplied by number of children. (# of Children: x Child Rate: = Total for Child(ren): + \$									\$ Child(ren)			
4. TOTAL #1, #2, and #3.								=	= \$ Total			
			\	/oluntary	Covera	ge Premiu	ms					
		DE	NTAL PLAN M	onthly Premiu	ım*: Effectiv	e July 1. 2020 to	December 31.	2021				
DENTAL PLAN Monthly Premium*: Effective July 1, 2020 to December 31, 2021 SINGLE TWO-PARTY									FAMI	IV		
Delta Dental Basic	,			\$18.14			6 for both		\$ 51.69 for all			
Delta Dental Com				\$37.01			32 for both		\$105.44	•		
VISION PLAN Monthly Premium*: Effective July 1, 2020 to December 31, 2021										<i>y</i> • • • • • • • • • • • • • • • • • • •		
Davis Vision				\$ 4.62			71 for both		\$12.83 for all			
DEPENDENT CHILD LIFE Monthly Premium*: Effective July 1, 2019 to December 31, 2021												
The Standard Insurance \$2,500 - \$4.13 for all \$5,000 - \$7.75 for all									\$10,000 - \$15.00 for all			
		TIREE/SPOUS		• •		m*: Effective Jul	-	ecember 31,		, and the second		
The Standard	\$2,000	\$4,000	\$6,000	\$8,000	\$10,000	\$15,000**	\$20,000**	\$40,000**	\$46,000**	\$60,000**		
Age 35-39	\$ 0.69	\$ 0.88	\$ 1.06			\$ 1.91 \$ 2.38		\$ 4.26	\$ 4.82	\$ 6.14		
Age 40-44	\$ 0.80	\$ 1.10	\$ 1.41	\$ 1.71 \$ 2.01		\$ 2.77 \$ 3.52		\$ 6.54	\$ 7.45	\$ 9.56		
Age 45-49	\$ 1.01	\$ 1.52	\$ 2.02	\$ 2.53	\$ 3.04			\$ 10.66 \$ 12.18		\$ 15.74		
Age 50-54	\$ 1.39	\$ 2.27	\$ 3.16	\$ 4.04	\$ 4.93	\$ 7.15	\$ 9.36 \$ 1		\$ 20.88	\$ 27.08		
Age 55-59	\$ 1.97	\$ 3.44	\$ 4.90	\$ 6.37	\$ 7.84	\$11.51	\$15.18	\$ 29.86	\$ 34.26	\$ 44.54		
Age 60-64	\$ 2.29	\$ 4.08	\$ 5.87	\$ 7.66	\$ 9.45	\$13.93	\$18.40	\$ 36.30	\$ 41.67	\$ 54.20		
Age 65-69	59 \$ 4.17 \$ 7.84 \$11.52 \$15.19 \$18.8					\$28.04	\$37.22	\$ 73.94	\$ 84.96	\$110.66		
Age 70 and over	\$ 6 1 3	\$11.76	\$17.30	\$23.02	\$28.65	\$42.73	\$56.80	\$113.10	\$120.00	\$160 <i>4</i> 0		

^{*}This is optional coverage, and the entire cost of coverage is paid by you. Cost of insurance for all coverages paid by you may increase or decrease in the future based upon the claims experience of participants. All provisions that apply to this coverage are governed by the Certificate. The life plan rates include a \$.50 administration fee.

^{**}Evidence of Insurability Statement required to add or increase life insurance. The Change for Additional Life Insurance form can be found at http://www.nmrhca.org/forms.aspx/.