

2021

Summary of Benefits

**Humana Group Medicare Advantage PPO Plan
PPO 079/357**

New Mexico Retiree Health Care Authority - Plan I

Humana®

Our service area includes specific counties within the United States and Puerto Rico.



Let's talk about the **Humana Group Medicare Advantage PPO Plan.**

Find out more about the Humana Group Medicare Advantage PPO plan – including the services it covers – in this easy-to-use guide.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. For a complete list of services we cover, refer to the "Evidence of Coverage".

To be eligible

To join the Humana Group Medicare Advantage PPO plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

Humana Group Medicare Advantage PPO plan has a network of doctors, hospitals, and other providers. For more information, please call Group Medicare Customer Care.

Plan name:

Humana Group Medicare Advantage PPO plan

How to reach us:

Members should call toll-free
1-866-396-8810 for questions
(TTY/TDD 711)

Call Monday – Friday, 8 a.m. – 9 p.m.
Eastern Time.

Or visit our website:

<https://our.humana.com/nmrhca/>



A healthy partnership

Get more from your plan — with extra services and resources provided by Humana!



Monthly Premium, Deductible and Limits

	IN-NETWORK	OUT-OF-NETWORK
PLAN COSTS		
Monthly premium You must keep paying your Medicare Part B premium.	For information concerning the actual premiums you will pay, please contact your employer/union group.	
Medical deductible	This plan does not have a deductible.	
Maximum out-of-pocket responsibility The most you pay for copays, coinsurance and other costs for medical services for the year.	<p>In-Network Maximum Out-of-Pocket \$3,500 out-of-pocket limit for Medicare-covered services. The following services do not apply to the maximum out-of-pocket: Part D Pharmacy, COVID-19 Care Package ; COVID-19 Testing ; COVID-19 Treatment ; Fitness Program ; Health Education Services ; Meal Benefit ; Smoking Cessation (Additional) and the Plan Premium.</p> <p>If you reach the limit on out-of-pocket costs, we will pay the full cost for the rest of the year on covered hospital and medical services.</p>	<p>Combined In and Out-of-Network Maximum Out-of-Pocket \$3,500 out-of-pocket limit for Medicare-covered services. In-Network Exclusions: Part D Pharmacy, COVID-19 Care Package ; COVID-19 Testing ; COVID-19 Treatment ; Fitness Program ; Health Education Services ; Meal Benefit ; Smoking Cessation (Additional) and the Plan Premium do not apply to the combined maximum out-of-pocket.</p> <p>Out-of-Network Exclusions: Part D Pharmacy, COVID-19 Testing ; COVID-19 Treatment ; Worldwide Coverage and the Plan Premium do not apply to the combined maximum out-of-pocket.</p> <p>Your limit for services received from in-network providers will count toward this limit.</p> <p>If you reach the limit on out-of-pocket costs, we will pay the full cost for the rest of the year on covered hospital and medical services.</p>

Note: some services require prior authorization.



Covered Medical and Hospital Benefits

	IN-NETWORK	OUT-OF-NETWORK
ACUTE INPATIENT HOSPITAL CARE		
Our plan covers an unlimited number of days for an inpatient hospital stay. Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.	\$150 copay per day for days 1-5	\$150 copay per day for days 1-5
OUTPATIENT HOSPITAL COVERAGE		
Outpatient hospital visits	\$0 to \$150 copay or 20% of the cost	\$0 to \$150 copay or 20% of the cost
Ambulatory surgical center	\$100 copay	\$100 copay
DOCTOR OFFICE VISITS		
Primary care provider (PCP)	\$5 copay	\$5 copay
Specialists	\$30 copay	\$30 copay
PREVENTIVE CARE		
Including: Annual Wellness Visit, flu vaccine, colorectal cancer and breast cancer screenings. Any additional preventive services approved by Medicare during the contract year will be covered.	Covered at no cost.	\$0 copay for Medicare-covered preventive services \$0 copay for a supplemental annual physical exam
EMERGENCY CARE		
Emergency room If you are admitted to the hospital within 24 hours for the same condition, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.	\$50 copay for Medicare-covered emergency room visit(s)	\$50 copay for Medicare-covered emergency room visit(s)
Urgently needed services Urgently needed services are care provided to treat a non-emergency, unforeseen medical illness, injury or condition that requires immediate medical attention.	\$5 to \$30 copay	\$5 to \$30 copay

Note: some services require prior authorization.



Covered Medical and Hospital Benefits

	IN-NETWORK	OUT-OF-NETWORK
DIAGNOSTIC SERVICES, LABS AND IMAGING		
Diagnostic radiology	\$5 to \$100 copay	\$5 to \$100 copay
Lab services	\$0 copay	\$0 copay
Diagnostic tests and procedures	\$0 to \$100 copay	\$0 to \$100 copay
Outpatient X-rays	\$5 to \$100 copay	\$5 to \$100 copay
Radiation therapy	\$30 to \$60 copay	\$30 to \$60 copay
HEARING SERVICES		
Medicare-covered hearing	\$30 copay	\$30 copay
Routine hearing	<ul style="list-style-type: none"> • \$0 copay for fitting/evaluation, routine hearing exams up to 1 per year. • \$500 combined in and out of network maximum benefit coverage amount for both hearing aid(s) (all types) up to 2 every 3 years. 	<ul style="list-style-type: none"> • \$0 copay for fitting/evaluation, routine hearing exams up to 1 per year. • \$500 combined in and out of network maximum benefit coverage amount for both hearing aid(s) (all types) up to 2 every 3 years. • Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions.
DENTAL SERVICES		
Medicare-covered dental	\$30 copay	\$30 copay
VISION SERVICES		
Medicare-covered vision services	\$30 copay	\$30 copay
Medicare-covered diabetic eye exam	\$0 copay	\$0 copay
Medicare-covered glaucoma screening	\$0 copay	\$0 copay

Note: some services require prior authorization.



Covered Medical and Hospital Benefits

	IN-NETWORK	OUT-OF-NETWORK
Medicare-covered eyewear (post-cataract)	\$30 copay	\$30 copay
Routine vision	<ul style="list-style-type: none"> \$25 copay for routine exam up to 1 per year. 	<ul style="list-style-type: none"> \$25 copay for routine exam up to 1 per year. Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions.
MENTAL HEALTH SERVICES		
Inpatient The inpatient hospital care limit applies to inpatient mental services provided in a general hospital. Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital. 190 day lifetime limit in a psychiatric facility	\$150 copay per day for days 1-5	\$150 copay per day for days 1-5
Outpatient group and individual therapy visits	\$5 to \$30 copay	\$5 to \$30 copay
SKILLED NURSING FACILITY		
Our plan covers up to 100 days in a SNF. No 3-day hospital stay is required. Plan pays \$0 after 100 days	\$0 copay per day for days 1-20 \$25 copay per day for days 21-100	\$0 copay per day for days 1-20 \$25 copay per day for days 21-100
PHYSICAL THERAPY		
	\$20 copay	\$20 copay
AMBULANCE		
Per date of service regardless of the number of trips. Limited to Medicare-covered transportation.	\$50 copay	\$50 copay
PART B PRESCRIPTION DRUGS		
	0% to 20% of the cost	0% to 20% of the cost

Note: some services require prior authorization.



Covered Medical and Hospital Benefits

	IN-NETWORK	OUT-OF-NETWORK
ACUPUNCTURE SERVICES		
Medicare-covered acupuncture	\$30 copay Limit 20 visit(s) per year	\$30 copay Limit 20 visit(s) per year
Routine acupuncture	\$15 copay Limit 20 visit(s) per year	\$15 copay Limit 20 visit(s) per year
ALLERGY		
Allergy shots & serum	\$5 to \$30 copay	\$5 to \$30 copay
CHIROPRACTIC SERVICES		
Medicare-covered chiropractic visit(s)	\$20 copay	\$20 copay
Routine chiropractic visit(s)	\$20 copay 36 visit(s) per year for routine chiropractic services	\$20 copay 36 visit(s) per year for routine chiropractic services
COVID-19		
Testing and Treatment	\$0 copay for testing and treatment services for COVID-19	
Health Essentials Kit	Kit includes over the counter items useful for preventing the spread of COVID-19 and other viruses. Limited one per year.	
DIABETES MANAGEMENT TRAINING		
	\$0 copay	\$0 copay
FOOT CARE (PODIATRY)		
Medicare-covered foot care	\$30 copay	\$30 copay
Routine foot care	\$25 copay 6 visit(s) per year for routine podiatry services	\$25 copay 6 visit(s) per year for routine podiatry services
HOME HEALTH CARE		
	\$0 copay	\$0 copay
MEDICAL EQUIPMENT/SUPPLIES		
Durable medical equipment (like wheelchairs or oxygen)	0% of the cost	0% of the cost
Medical supplies	0% of the cost	0% of the cost
Prosthetics (artificial limbs or braces)	0% of the cost	0% of the cost
Diabetes monitoring supplies	0% of the cost	0% of the cost

Note: some services require prior authorization.



Covered Medical and Hospital Benefits

	IN-NETWORK	OUT-OF-NETWORK
OUTPATIENT SUBSTANCE ABUSE		
Outpatient group and individual substance abuse treatment visits	\$5 to \$30 copay	\$5 to \$30 copay
REHABILITATION SERVICES		
Occupational and speech therapy	\$20 copay	\$20 copay
Cardiac rehabilitation	\$20 to \$30 copay	\$20 to \$30 copay
Pulmonary rehabilitation	\$20 to \$30 copay	\$20 to \$30 copay
RENAL DIALYSIS		
Renal dialysis	\$0 to \$30 copay	\$0 to \$30 copay
Kidney disease education services	\$0 copay	\$0 copay
TELEHEALTH SERVICES (in addition to Original Medicare)		
Primary care provider (PCP)	\$0 copay	Not Covered
Specialist	\$30 copay	Not Covered
Urgent care services	\$0 copay	Not Covered
Substance abuse or behavioral health services	\$0 copay	Not Covered
FITNESS AND WELLNESS		
	SilverSneakers® Fitness Program - Basic fitness center membership including fitness classes.	
HOSPICE		
You must get care from a Medicare-certified hospice. You must consult with your plan before you select hospice.		

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Important!

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status or religion. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.
If you need help filing a grievance, call **1-866-396-8810** or if you use a **TTY**, call **711**.
- You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through their Complaint Portal, available at **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**, or at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019, 800-537-7697 (TDD)**. Complaint forms are available at **<https://www.hhs.gov/ocr/office/file/index.html>**.
- **California residents:** You may also call California Department of Insurance toll-free hotline number: **1-800-927-HELP (4357)**, to file a grievance.

Auxiliary aids and services, free of charge, are available to you. 1-866-396-8810 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

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Português (Portuguese): Ligue para o número acima indicado para receber serviços linguísticos, grátis.

Italiano (Italian): Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.

Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

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فارسی (Farsi)

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

Diné Bizaad (Navajo): Wóda'í beésh bee hani'í bee wolta'ígíí bich'í' hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé nika'adoowoł.

العربية (Arabic)

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية للمساعدة بلغتك



Find out **more**



You can see your plan's provider directory at <https://our.humana.com/nmrhca/> or call us at the number listed at the beginning of this booklet and we will send you one.

Humana is a Medicare Advantage PPO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.

If you want to compare our plan with other Medicare health plans, you can call your employer or union sponsoring this plan to find out if you have other options through them.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at <http://www.medicare.gov> or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

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<https://our.humana.com/nmrhca/>

Prescription Drug Summary of Benefits

**Humana Group Medicare Advantage Plan
Rx 215**

New Mexico Retiree Health Care Authority - Plan I

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Let's talk about the **Humana Group Medicare Advantage Rx Plan.**

Find out more about the Humana Group Medicare Advantage Rx plan – including the services it covers – in this easy-to-use guide.

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Deductible

Pharmacy (Part D) deductible

This plan does not have a deductible.



Prescription Drug Benefits

Initial coverage (after you pay your deductible, if applicable)

You pay the following until your total yearly drug costs reach **\$4,130**. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

Tier	Standard Retail Pharmacy	Standard Mail Order
30-day supply		
1 (Generic or Preferred Generic)	\$4 copay	\$4 copay
2 (Preferred Brand)	\$40 copay	\$40 copay
3 (Non-Preferred Drug)	\$90 copay	\$90 copay
4 (Specialty Tier)	25% of the cost	25% of the cost
90-day supply		
1 (Generic or Preferred Generic)	\$12 copay	\$0 copay
2 (Preferred Brand)	\$120 copay	\$80 copay
3 (Non-Preferred Drug)	\$270 copay	\$180 copay
4 (Specialty Tier)	N/A	N/A

There may be generic and brand-name drugs, as well as Medicare-covered drugs, in each of the tiers. To identify commonly prescribed drugs in each tier, see the Prescription Drug Guide/Formulary.

ADDITIONAL DRUG COVERAGE

Coverage Gap

Most Medicare drug plans have a coverage gap (also called the "donut hole"). The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches **\$4,130**.

You will continue to pay the same amount as when you were in the initial coverage stage.

Catastrophic Coverage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach **\$6,550**, you pay the greater of:

- **\$3.70** for generic (including brand drugs treated as generic) and a **\$9.20** copay for all other drugs, or
- **5%** coinsurance

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Find out **more**



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You can see your plan's drug formulary at **www.humana.com/medicaredruglist** or call us at the number listed at the beginning of this booklet and we will send you one.

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<https://our.humana.com/nmrhca/>