



New Mexico Retiree Health Care Authority *Prescription Drug Program*



About Express Scripts

- Express Scripts is RHCA's chosen partner for administering your prescription plan
- We are a leading pharmacy benefit manager that puts medicine in reach for tens of millions of people
- As an Express Scripts member, you have access to:
 - 60k+ retail pharmacies located across the United States
 - Convenient home delivery services
 - Express-Scripts.com and our mobile app for ordering and managing your prescriptions
 - Accredo specialty pharmacy for medications that treat complex and chronic health conditions
 - Specialized pharmacists, nurses and other clinicians in 20+ condition-specific Therapeutic Resource Centers



Express Scripts Formulary

Your plan covers a broad range of medications that fall into three categories:

First tier:
Generic drugs

Second tier:
preferred brand-name drugs
(lower cost)

Third tier:
Non-preferred brand-name drugs
(higher cost than First and Second tier)

Excluded: drugs that are not covered under your benefit



2019 Express Scripts National Preferred Formulary

KEY - Injectable Drug
Brand-name drugs are listed in CAPITAL letters.
Generic drugs are listed in lower case letters.

A

ABILITY MAINTENA (INJ)
ABSORIC
acetaminophen/codeine
ACTEMRA (INJ)
acyclovir
ADEMPAS
ADVAIR HFA
AGSTYLA (INJ)
AMOVIG (INJ)
AJOVY (INJ)
AKYZEZO
albuterol nebulization solution
alendronate
allopurinol
ALPHAGAN P 0.1%
alprazolam
ALREX
amilorone
AMITIZA
amitripyline
amitriptyline
amlodipine
amlodipine/benzapril
amitriptyline/valsartan
amoxicillin
amoxicillin/potassium clavulanate
anastrozole
ANAVASTIN
ANDRO ELLIPTA
APRISO
ARALAST NP (INJ)
ARCAPTA NEOHALER
ARIRAYCE
aripiprazole
ARISTADA (INJ)
ARIMONAIR RESPICLICK
ARJUNITY ELLIPTA
ASMANEX HFA
ASMANEX TWISTHALER
atenolol
atenolol/chlorthalidone
atomoxetine
atorvastatin
AUSTED
AVONEX (INJ)
AZASITE
azelastine nasal spray
azithromycin

B

baclofen
BARACLUDE SOLUTION

BD AUTOSHIELD
DUO NEEDLES
BD ULTRAFINE
INSULIN SYRINGES
BD ULTRAFINE PEN NEEDLES
benacozol
benzocaine
BEPREVE
BECLASERON (INJ)
BECLON
BEVESPI AEROSPHERE
BIRTARVY
bisoprolol/hctz
bisoprolol
BOSULIF
BREO ELLIPTA
BRILINTA
budesonide nebulization suspension
bupropion
bupropion ext-release
buspirone
butafanil/acetaminophen/caffeine
BYDUREON (INJ)
BYETTA (INJ)
BYSTOLIC
BYVALSON

C

CABOMETYX
CARA
CARAFATE SUSPENSION
carbidopa/levodopa
carvedilol
cefepim
cefuroxime axetil
celecoxib
cefasolexin
CERDELGA
CERIVINE (INJ)
CETILTYOTIDE (INJ)
CHANTIX
chlorhexidine gluconate
chlorthalidone
CIMOJA
CIPRODEX
ciprofloxacin
citalopram
claritromycin
CLENPIQ
clindamycin hcl
clindamycin phosphate topical
clindamycin phosphate/benzoyl peroxide
clobetasol propionate
clomiphene citrate
clonazepam
clonidine
clopidogrel

clotrimazole/betamethasone
diopropionate
COLCORYS
COMBICAN
COMBIPATCH
COMBIVENT RESPIMAT
COMETEVIO
COPAXONE 40 MG (INJ)
CORLANOR
COSENTYX (INJ)
CREON
CRINONE
cyanocobalamin (INJ)
cyclobenzaprine

D

DALIRESP
DARAPRIM
DATYRAM
DESCOXY
desloratadine
desvenlafaxine succinate
dexmethasone
DEXCOM RECEIVER, SENSOR, TRANSMITTER
dexamethasone
dextroamphetamine/amphetamine
dextroamphetamine/ext-release
amphetamine
amphetamine ext-release
diazepam
diclofenac sodium
delayed-release
dicyclanide
digoxin
diltiazem ext-release
difenhydramide/atripiole
divalproex delayed-release
divalproex ext-release
DIVINGEL
donagipaxil
doxazosin
doxycycline hyclate
doxycycline monohydrate
DULERA
duloxetine delayed-release
DUPYXEN (INJ)
DYANAVEL XR
DYMISTA

E

EDARDI
EDARBYCLOR
ELIDEL
ELIQUIS
EMGALITY (INJ)
EMVERM
enalapril
ENRELE (INJ)

enoxaparin (INJ)
ENSTILAR
ENTRESTO
EPILUSA
EPIDIOLEX
COMBIVENT AUTO-INJECTOR
0.15 MG (BY MYLAN) (INJ)
epinephrine auto-injector
0.30 mg (by Mylan) (INJ)
EPPIREN
EPPIREN JR (INJ)
ergocalciferol
ERLEDEGE
ERLADA
erythromycin eye ointment
ESBRIET
escitalopram
esomeprazole magnesium
delayed-release
estradiol
estradiol patches
estradiol/norethindrone
acetate
ESTRINE
eszopiclone
EUFLERXXA (INJ)
ezetimibe
ezetimibe/simvastatin

F

famotidine
FARUKI
famotidine
fenofibrate micronized
fenofibrate hcl
fentanyl
fentanyl patches
FETZIMA
FINACEA FOAM
finasteride
FIRAZYR (INJ)
FLECTO
FLOVENT DISKUS
FLOVENT HFA
flucanazole
fluocinonide
FLUA
fluticasone nasal spray
folic acid
FURTEL (INJ)
FRAGMIN (INJ)
FREESTYLE LIBRE READER, SENSOR
furosemide
FYCOMPA

G

gabapentin
GELINQUE
gemfibrozil
GENOTROPIN (INJ)
GENVOYA

GILENYA
GILTRIF
GLASSIA (INJ)
glimepiride
glipizide
glipizide ext-release
GLUCAGON (INJ)
GLUCAGON (INJ)
gliburide
GLYXambi
GONAL-F
GONAL-F RFF
GONAL-F RFF
REDI-JECT (INJ)
GRAISLE
GRANIX (INJ)
GRASTEK
guanfacine ext-release

H

HARVONI
HELIKATE FS (INJ)
HIMALIG (INJ)
HUMIRA (INJ)
HUMULIN (INJ)
hydralazine
hydrochlorothiazide
hydrocodone/acetaminophen
hydrocodone/
chlorpheniramine polistirex
ext-release
hydrocortisone topical
hydromorphine
hydroxychloroquine
hydroxyzine hcl
hydroxyzine pamoate
HITSINGLA ER

I

ibandronate
IBRANCE
ibuprofen
ILYRIO
INBRILIA
INCRUSE ELLIPTA
indefatrin
INFA
INVELTYS
INVOKANA XR
INVOKANA
irobesartan
IRESSA
isosorbide mononitrate
ext-release

J

JANUMET, JANUMET XR
JANUVIA
JARDIANCE
JENTADUETO
JENTADUETO XR

(continued)

Go to express-scripts.com/2019/drugs for a full list of formulary exclusions with their covered alternatives or log on to compare drug prices. Costs for covered alternatives may vary. THIS DOCUMENT LIST IS EFFECTIVE JANUARY 1, 2019 THROUGH DECEMBER 31, 2019. THIS LIST IS SUBJECT TO CHANGE. You can find more information at express-scripts.com.

Prescription Costs

| | Participating retail pharmacies | Express Scripts Home Delivery and Walgreens Smart90 |
|---|--|---|
| Days' supply | Up to a 34-day supply | Up to a 90-day supply |
| Generic drugs (Tier 1) | 20% (\$5 min / \$15 max) | 20% (\$12 min / \$35 max) |
| Brand-name drugs (Tier 2) (preferred)*** | 30% (\$30 min / \$60 max) | 30% (\$60 min / \$120 max) |
| Brand-name drugs (Tier 3) (non-preferred) *** | 50% (\$50 min / \$125 max) | 50% (\$100 min / \$250 max) |
| Specialty Medications (30 day supply) – Accredo Specialty Pharmacy | Generic: 20% (\$12 min/ \$35 max) Preferred Brand-name: 30% (\$60 min/ \$120 max) Non-Preferred Brand-name: 50% (\$100 min/ \$250 max) | |

*** If you obtain a brand-name drug when a generic equivalent is available, you are responsible for the brand copayment plus the cost difference between the brand-name drug and the generic drug. ***

Retail 90-day supply “Smart90 Network”

- Smart90 is a VOLUNTARY program that allows members the option of filling 90-day supplies of medications via home delivery, Walgreens or at other limited retail locations.
- Members will need to use an in-network Smart90 pharmacy if they choose to fill a 90-day supply at retail. All Walgreens locations participate in Smart90 making it easy for members to get their maintenance medications.
- The copays for 90-day supplies are the same whether the medication is obtained at a Smart90 pharmacy or through Express Scripts home delivery.



Get Started With Express Scripts Mail Order



- **E-Prescribe (electronic prescribing)** - Have your physician send your prescription direct to Express Scripts pharmacy for processing
- **Phone** – Call into Express Scripts customer service and request that your maintenance medication be moved to home delivery. We will consult your physician and take it from there!
- **Register** – on [express-scripts.com](https://www.express-scripts.com) or Express Scripts mobile app and transfer medications to home delivery with a click of a button
- **Mail** – Complete a home delivery order form and submit it, along with a paper prescription, for processing
- **Payment Options** - check card or credit card is the preferred method for online orders. ESI accepts Visa, MasterCard, American Express and Discover. Provide your check card or credit card information or choose to be billed later for mail in orders.

Vaccines

- RHCA members will pay \$0 on certain vaccines including:
 - Influenza (Flu), Pneumonia, Shingles, MMR, Hepatitis A & B, Meningococcal, Tetanus/Diphtheria/Pertussis, Varicella (chicken pox)...to name a few
- Vaccines through pharmacy benefit are
 - A key preventive measure for seasonal influenza and other viral conditions
 - More convenient and less expensive through the pharmacy network than at physician practices
 - Likely to result in lower medical costs
 - All states allow certified, registered pharmacists to administer vaccines
 - Call Customer Service to locate a certified pharmacist near you

Have a question about a medication?

Give us a call

Each specialist pharmacist has had specialized training in the medications used to treat a specific condition, such as:

- High cholesterol
- High blood pressure
- Depression
- Diabetes
- Asthma
- Osteoporosis
- Cancer

You can contact a pharmacist 24/7 to ask about:

- Drug interactions
- Side effects
- Risks and benefits of your medication
- Help taking your medication as prescribed – which is one of the best ways to help maintain or improve your health

Talk with an Express Scripts pharmacist for general counseling – or a specialist pharmacist for complex concerns – by calling the number on the back of your prescription drug ID card

800-501-0987

Therapeutic Resource Centers

Personalized care for patients

Retail pharmacists

- Typically generalists who dispense medications for many conditions
- Juggle many tasks: filling prescriptions, checking orders, overseeing pharmacy
- Setting offers minimal privacy to counsel patients
- **Average time talking to each patient is less than**

2 minutes*

Specialist Pharmacists

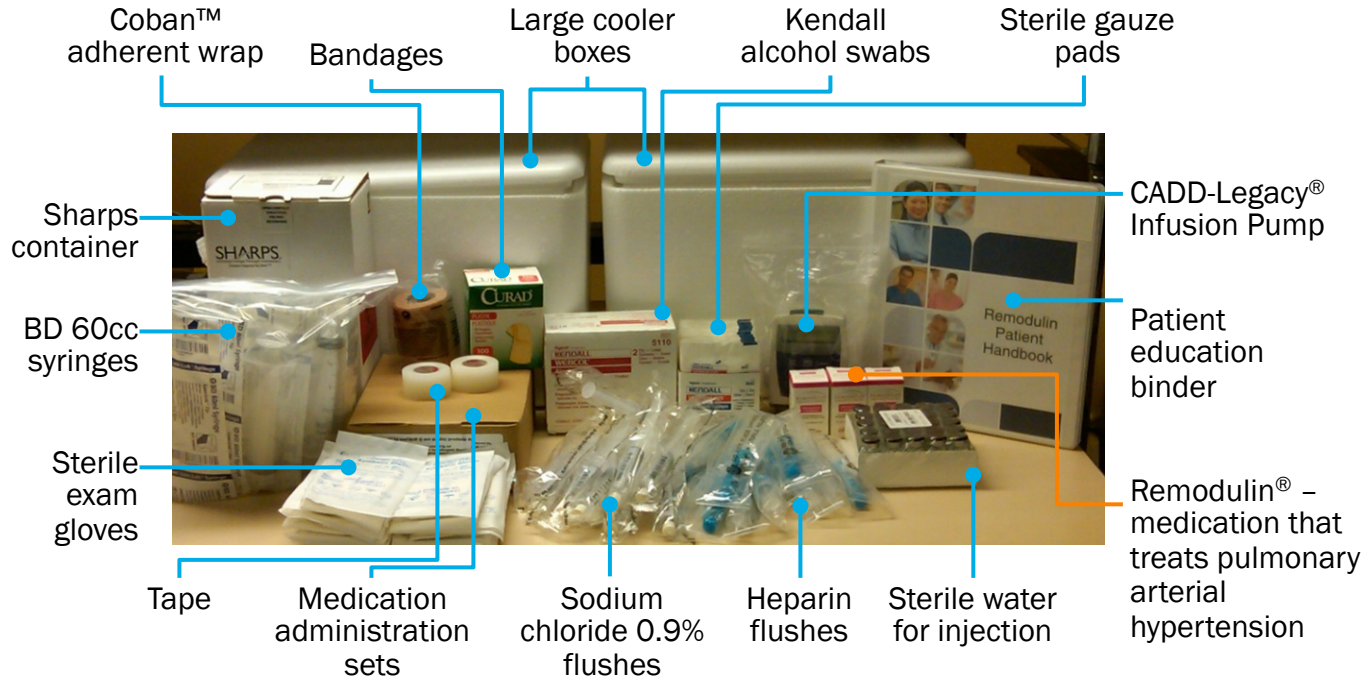
- Extensively trained in medications for a single disease state
- Focused on disease and therapy management
- Speak to patients in their homes or wherever they prefer
- **Average time talking to each patient is**

12 minutes

*Source: CVS data

The complexity of specialty medications

One prescription = 16 items



Accredo Specialty Pharmacy



The graphic features the Accredo Specialty Pharmacy logo on the left, which includes the word "accredo" in a green script font with a registered trademark symbol, and "Specialty Pharmacy" in a smaller, green sans-serif font below it. A large blue arrow points from the logo towards the right. On the right side, the number "14" is displayed in a large orange font. Below the number, the text "Areas of focus, including:" is written in a smaller blue font. Underneath this text are three blue circular icons: the first contains a white 'X' and is labeled "Hepatitis C"; the second contains a white sunburst pattern and is labeled "Oncology"; the third contains a white gear-like pattern and is labeled "Multiple Sclerosis".

14
Areas of focus, including:

- Hepatitis C
- Oncology
- Multiple Sclerosis

Unique clinical protocols
maximize safety, effectiveness
and affordability

One-on-one counseling
from specialty pharmacists
and nurses

SaveonSP Program:

RHCA has a program through SaveonSP on select specialty drugs to maximize the use of manufacturer assistance dollars which could result in a \$0 member cost.

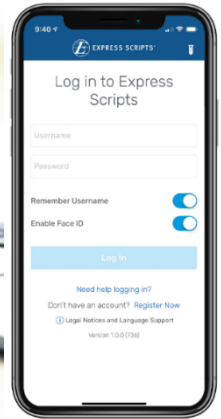
Drugs are dispensed through Accredo Specialty Pharmacy. Accredo will notify you if your drug is captured under this program and connect you with SaveonSP for program enrollment.



Making information available

wherever and whenever

- Simple landing page
- Intuitive site navigation
- Interactive mobile app
- Multiple ways to get started



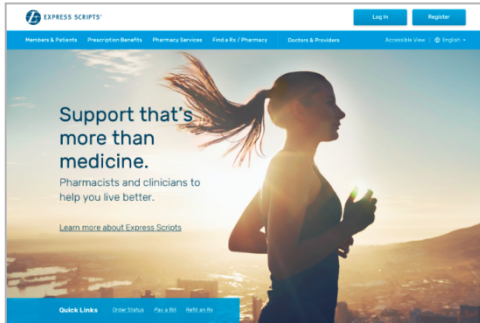
Easy to Use Self-Service Tools

- Easy Rx refill or renewal
- Print forms, ID cards
- Submit reimbursement claims online

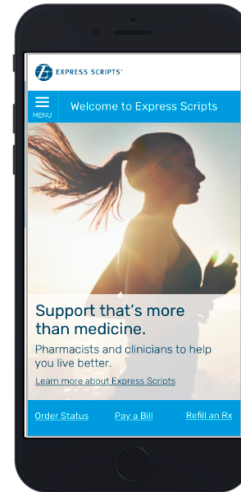
Express Scripts Registration

Use [express-scripts.com](https://www.express-scripts.com) and the Express Scripts mobile app to manage your medications and prescription benefit plan.

There are two easy ways to register:



Register at [express-scripts.com](https://www.express-scripts.com) or



... download the **Express Scripts** mobile app for free and register

- Register using your member ID number or Social Security Number (SSN)
- One user name and password is all you need for web and mobile app access

Informative and actionable express-scripts.com home page



Order status is **#1 REASON**
members visit the website.

- Provides a one-stop shopping experience
- Offers the services patients expect right up front...
 - Order status with tracking
 - Refilling a prescription
 - Enrolling in automatic refills
 - Visibility to home delivery savings
 - Transferring a prescription to home delivery
 - Navigating to anywhere in the site

The screenshot displays the Express Scripts website interface. At the top, there is a navigation bar with links for Prescriptions, Benefits, My Account, and Help. Below this, the 'Recent Order Status' section lists several orders with details such as medication name, dosage, and status (e.g., 'We need your approval', 'Address Verification Required'). The 'Automatic Refills' section features a promotional message about enrolling in the program. The 'Prescriptions You Can Order Today' section shows a list of available medications, including Omeprazole, with options to add to cart.

Order Status gives members real-time visibility

Recent Order Status

Toprol XL 200 mg tablet Rx #: 123456789003 Chris (09/19/1960) Chris (09/19/1960) **required**

[Hide details](#) [Go to full order status](#)

Thank you for your recent home delivery order. Before we can ship your medication, we need to make sure it's heading to the right place. ACTION REQUIRED: Please confirm the shipping address is correct, or choose the option to change the address. You may also verify your address with our friendly member services staff. The phone number can be found under the contact us link. If you've already taken care of this issue, our thanks.

Physician: Susan Jones Quantity: 90 Shipping address: 3455 Mulholland Drive
Physician phone: 444-555-6666 Days supply: 90 Apt 777
Date received: 02/12/2015 Refills remaining: 2 Rome, NY 33445

[Ship to this address from now on](#) [need to change my address](#)

Recent Order Status [Help](#)

Please Note: For prescription renewals, the "Order placed on" date may change to reflect the date your new prescription is actually received from your physician. Please click on "View details" to view additional details on your order.

Order placed on: **January 6, 2016** Confirmation #: **901234658**

Invoice #: **12551093**

SHIPPED on 01/08/14 via UPS-Ground
100 Parsons Pond Rd, Franklin Lakes, NJ 07417 [Track Shipment](#)

Estimated delivery by **01/18/14**

Simvastatin tabs 40mg tablet
Rx #: 123344455667 | For: Vanessa (07/18/1962)

Prior Authorization Expires on **12/23/2016**

[View details](#)

Plan pays: **\$150.00**
You pay: **\$30.00**

We got your order. [Check Order Status](#)

Thanks for your order.
Your order number is **272392272**. You can see the details of the order we're processing in this message. We'll let you know when we ship it to you.

Prescriptions for *****

Prescription #: *** 4402**
We'll process your order after it is eligible to be filled on 09/24/2017.

- Clear, detailed order status
- Actionable self-service messages
- Track shipping
- Real-time email order confirmation

My Rx Choices explores options

Price a medication

Accessible from Price a Medication

Price another medication Visit My Rx Choices for potential savings Help

Choose alternatives for your doctor to consider and click the "continue" button to go to the next step. For your convenience, we've preselected the lowest-cost medication alternatives available at this time. There may be multiple lower-cost alternatives. To review other alternatives, which could have the same or similar pricing, click the "view other alternatives" link for each medication. To remain on your current medication, select the radio button to the left of the medication name. Learn about our [Extended Payment Program](#), which lets you pay for medications in 3 monthly installments. [Calculate your estimated monthly payments.](#)

If you received a letter from us regarding potential savings using **My Rx Choices**, the savings may be different from what is displayed below because **My Rx Choices** uses the most current pricing based on your plan.

| Medication | You pay | Lower-cost choice | You pay | YOU SAVE |
|---|--|---|--|--|
| <input type="radio"/> Accupril 5 MG Tablet (Brand) Dosage: 1 Tablet, once a day Pharmacy: Retail \$216.00 per year \$18.00 for 30 days Coverage rules may apply. How much does my plan pay? Get different results with different days' supply and quantity. | \$216.00 per year \$18.00 for 30 days | <input checked="" type="radio"/> quinapril tabs 5 MG Tablet (generic equivalent) Dosage: 1 Tablet, once a day Pharmacy: Express Scripts Pharmacy™ \$0.00 per year \$0.00 for 90 days Coverage rules may apply. How much does my plan pay? Compare drug information. | \$0.00 per year \$0.00 for 90 days | \$216.00 per year Explain my savings View other alternatives |
| <input type="radio"/> Glucophage Tabs 500 MG Tablet (Brand) Dosage: 1 Tablet, once a day Pharmacy: Retail \$319.20 per year \$26.60 for 30 days Coverage rules may apply. How much does my plan pay? Get different results with different days' supply and quantity. | \$319.20 per year \$26.60 for 30 days | <input checked="" type="radio"/> metformin hcl tabs 500 MG Tablet (generic equivalent) Dosage: 1 Tablet, once a day Pharmacy: Express Scripts Pharmacy™ \$58.84 per year \$14.71 for 90 days Coverage rules may apply. How much does my plan pay? Compare drug information. | \$58.84 per year \$14.71 for 90 days | \$260.36 per year Explain my savings View other alternatives |
| <input type="radio"/> Lescol 20 MG Capsule (Brand) Dosage: 1 Capsule, once a day Pharmacy: Retail \$201.12 per year \$16.76 for 30 days Coverage rules may apply. How much does my plan pay? Get different results with different days' supply and quantity. | \$201.12 per year \$16.76 for 30 days | <input checked="" type="radio"/> lovastatin 10 MG Tablet (generic alternative) Dosage: 1 Tablet, once a day Pharmacy: Express Scripts Pharmacy™ \$60.00 per year \$15.00 for 90 days BEST BUY DRUGS View report>> Coverage rules may apply. How much does my plan pay? Compare drug information. | \$60.00 per year \$15.00 for 90 days | \$141.12 per year Explain my savings View other alternatives |
| <input type="radio"/> Tenormin Tabs 50 MG Tablet (Brand) Dosage: 1 Tablet, once a day Pharmacy: Retail \$527.28 per year \$43.94 for 30 days Coverage rules may apply. How much does my plan pay? Get different results with different days' supply and quantity. | \$527.28 per year \$43.94 for 30 days | <input checked="" type="radio"/> atenolol 30 MG Tablet (generic alternative) Dosage: 1 Tablet, once a day Pharmacy: Retail \$120.00 per year \$10.00 for 90 days BEST BUY DRUGS View report>> Coverage rules may apply. How much does my plan pay? Compare drug information. | \$120.00 per year \$10.00 for 90 days | \$407.28 per year Explain my savings View other alternatives |
| Savings per year: | | | | \$1024.76 |

[<< previous](#) Your choices could save you \$1024.76 out of a possible \$1024.76 once your doctor approves. When you click the "continue" button, your choices will also be checked for possible drug interactions. [continue](#)

- Side-by-side drug comparisons showing plan and usual & customary (U&C) pricing via retail and home delivery pharmacies
- Potential savings by drug and/or channel option
- Helpful drug information
- Ability to print for doctor review
- Access to Consumer Reports Best Buy Drug information
- Display 25+ possible lower-cost options

Easy to locate in-network retail pharmacies



Search by zip code
or city/state

Locate a pharmacy

[< Back](#) | [Vaccine Administration Program Information](#)

07417 Enter Zip Code or City, State:

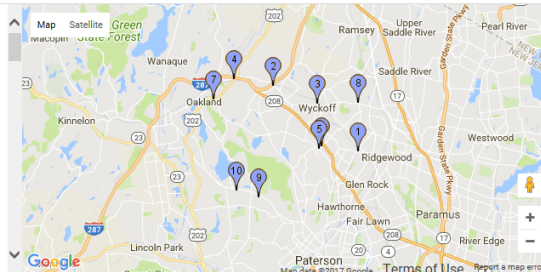
Locate Pharmacy

Show pharmacies starting with the letter:

[A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#) [Show all](#)

1 ACME PHARMACY #1054 5.9 mi
136 LAKE AVE
MIDLAND PARK, NJ - 07432
201-612-3070
Preferred pharmacy. You may get up
to a one month supply. **1**
[Get directions*](#)

2 STOP AND SHOP #0829
816 FRANKLIN AVE



*When you click on a link to "Get directions" to any pharmacy above, you will be leaving the member website which is governed by separate Terms of Use and Privacy Policy.

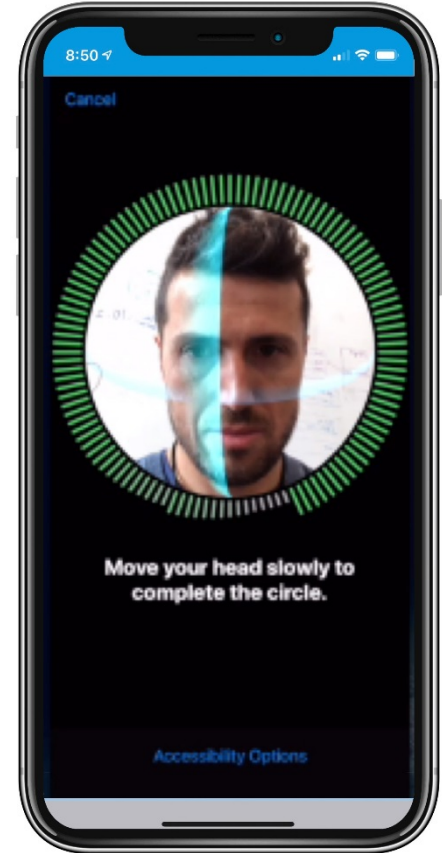
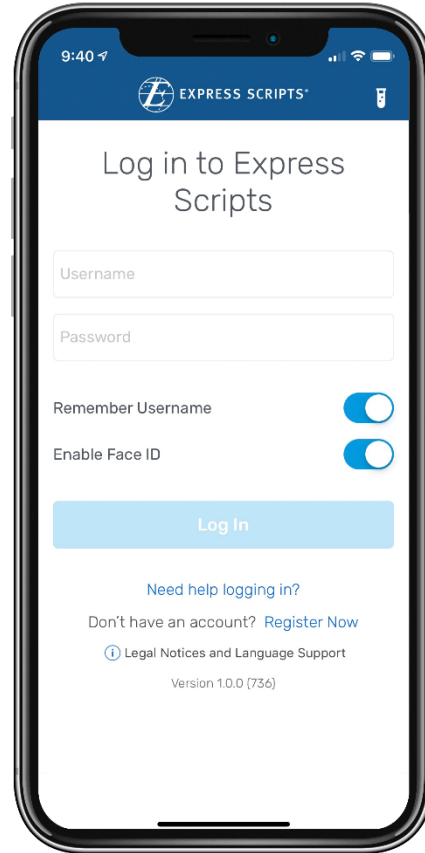
Results provide:

- **Nearby in-network pharmacies** with address and contact details in Google Maps
- Link to **Price a Medication** from the selected pharmacy
- Link for **directions using Google Maps**

CONVENIENCE & SIMPLICITY

Register or Login

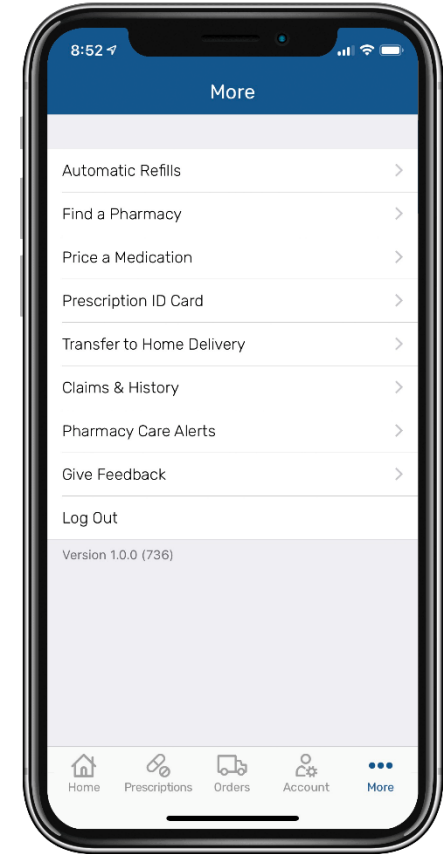
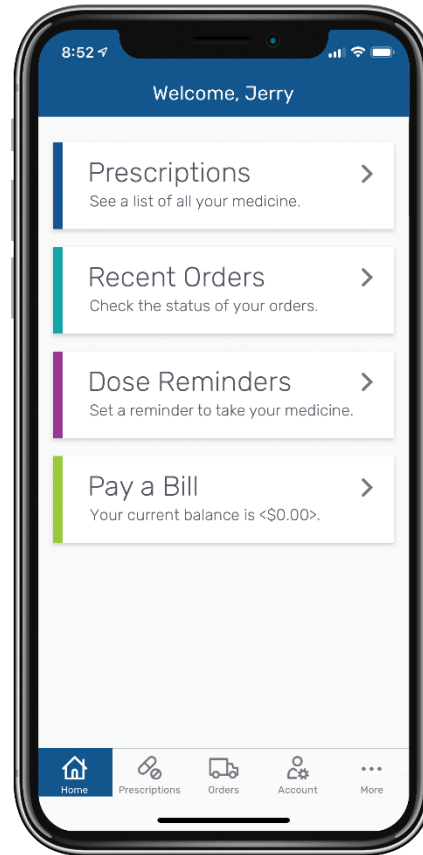
- Biometric authentication



CONVENIENCE & SIMPLICITY

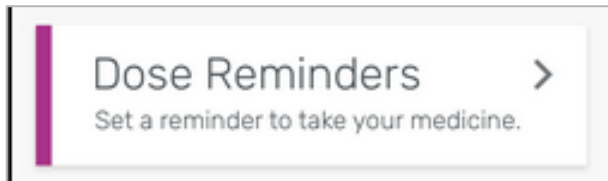
Dashboard

- Quick access to popular actions and easy access to the full menu

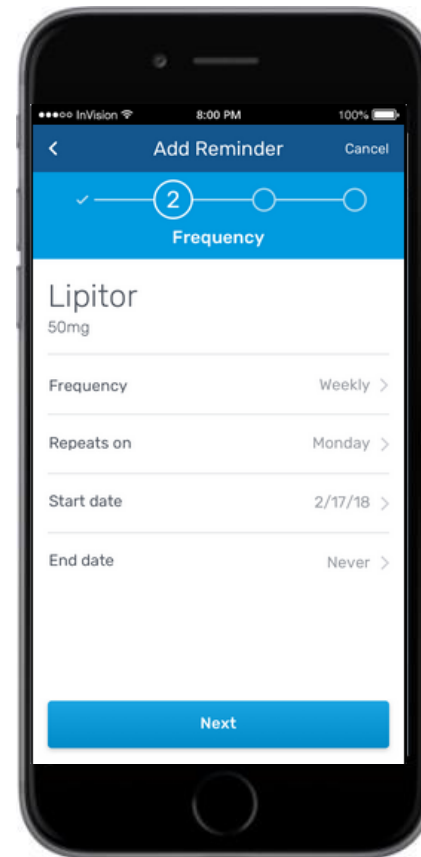
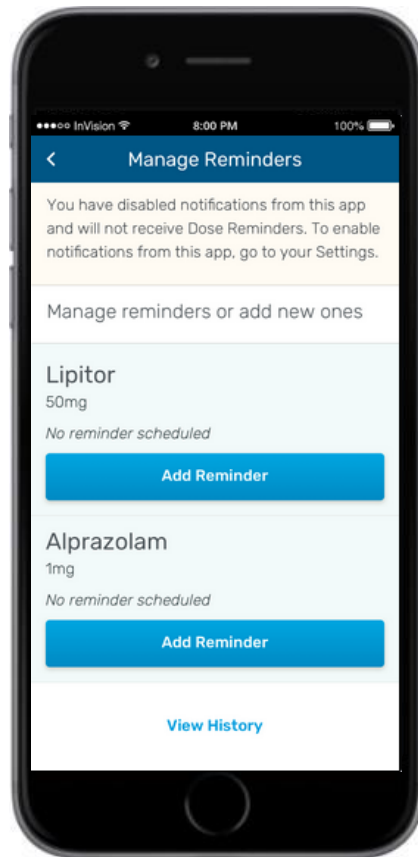
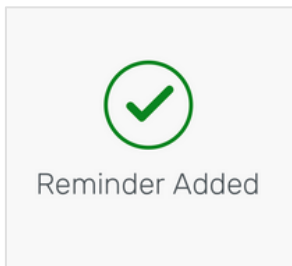


PEACE OF MIND & VERSATILITY

Dose Reminders



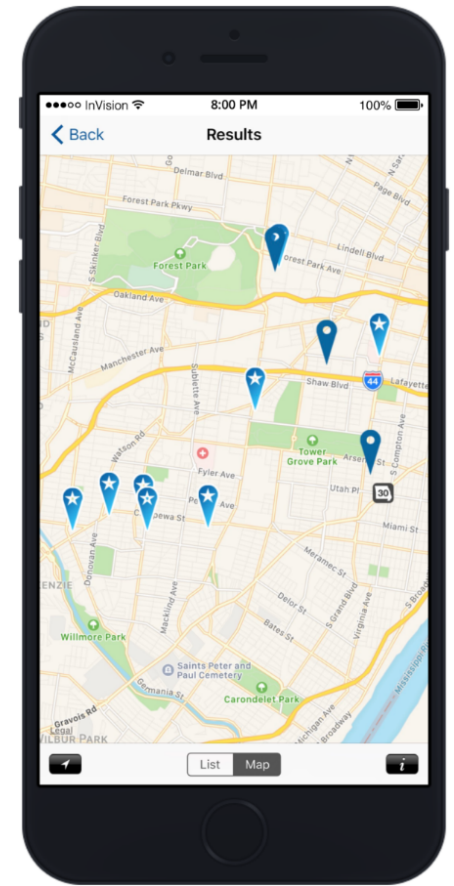
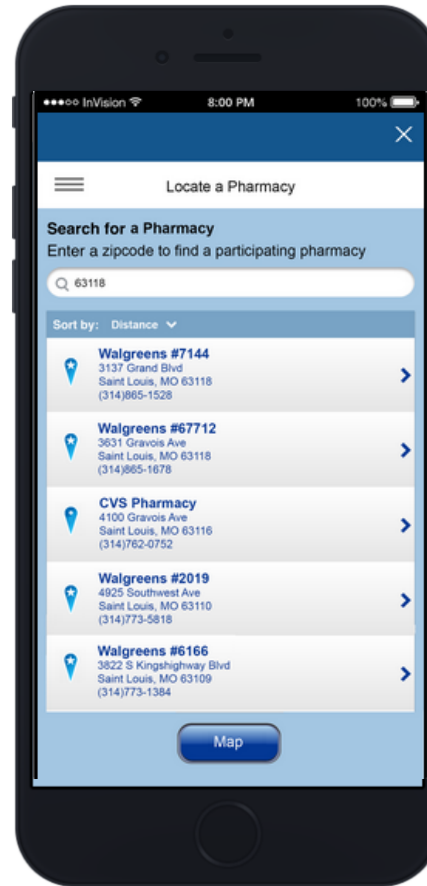
- Easy step-by-step instructions accommodate multiple medicines



CONVENIENCE & SIMPLICITY

Pharmacy Options Find a Pharmacy

- Find nearby in-network pharmacies and access driving directions



CONVENIENCE & SIMPLICITY

Member ID Card

- Two-sided virtual ID card goes where the member goes



Express Scripts:

We're here for you

- Register at [Express-Scripts.com](https://www.express-scripts.com), using the information on your member ID card
- Download the [Express Scripts mobile app](#) from your app store to manage your medicines anywhere, anytime
- Call the Member Services number on the back of your member ID card:
[800-501-0987](tel:800-501-0987)



Thank you

