



## Livongo for Diabetes: A Health Benefit at No Cost That Helps Make Living with Diabetes Easier

### Who can join:

The program is offered to members and dependent spouses/domestic partners with diabetes and coverage through an NMRHCA Pre-Medicare Plan.

### What you get:

- **Connected Meter:** Automatically uploads your blood glucose readings to your secure online account and provides real-time personalized tips.
- **Support from Coaches When You Need It:** Communicate with a coach anytime about diabetes questions on nutrition or lifestyle

changes.

- **Unlimited Strips at No Cost to You:** When you are about to run out, we ship more supplies, right to your door.

**Enroll today:** [join.livongo.com/NMRHCA/begin](http://join.livongo.com/NMRHCA/begin)