Livongo for Diabetes: A Health Benefit at No Cost That Helps Make Living with Diabetes Easier

Who can join:
The program is offered to members and dependent spouses/domestic partners with diabetes and coverage through an NMRHCA Pre-Medicare Plan.

What you get:
• **Connected Meter**: Automatically uploads your blood glucose readings to your secure online account and provides real-time personalized tips.
• **Support from Coaches When You Need It**: Communicate with a coach anytime about diabetes questions on nutrition or lifestyle changes.
• **Unlimited Strips at No Cost to You**: When you are about to run out, we ship more supplies, right to your door.

**Enroll today**: [join.livongo.com/NMRHCA/begin](join.livongo.com/NMRHCA/begin) or call (800) 945-4355 and use registration code NMRHCA.